

### Executive Board 2023

**President**—Phyllis Schrag,  
phyllis\_schrag@mediacombb.net

**Vice-President**—Kathy Jones;  
kjmjones@iastate.edu

**Secretary**—Shawna Saad,  
ssaad@iastate.edu

**Treasurer**—Kate Hardy,  
khardyquilt@gmail.com



## What is a Modern Quilt

**Carole Lyles Shaw**

**ZOOM Program  
begins at 6:30**

Whether you are a modern, modern traditional or a traditional quilter, and no matter your skill level, Carole Lyles Shaw’s presentation will be an excellent introduction for all who are curious about modern quilting trends. Carole will share the principles of modern quilt design and current and emerging trends in the modern quilt movement.

“I am excited about modern quilting because it is all about bringing individualism and free expression to the quilts we are making today,” says Carole. “My passion is to inspire quilters to explore the fun and creative freedom in making modern quilts.”

Carole taught herself to quilt when she decided to make quilts for her nieces and nephews. Then, she found her quilting home with the African American Quilters of Baltimore, who “gently taught me the best quilting techniques to express my quilt vision.” Today, Carole resides in Bradenton, Florida.

She has written two books, Patriotic Modern Quilts and Madly Modern Quilts, both of which are available at her website, [carolelylesshaw.com](http://carolelylesshaw.com). Also check out the gallery on her website to see many of her quilts.

**Thank you for the  
delicious snacks at the  
September meeting:**

Pam Geringer  
Char Hulsebus  
Joanne Kerton  
Jane Montgomery

### SNACKS



**Snack Providers for the  
October meeting are:**

Sheila Arney  
Bridget Konz  
Peggy Palmer  
Ramona Tapper  
Evonn Walling

### Monthly Meetings

Held the 4th Thursday  
First United Methodist  
Church  
516 Kellogg  
Ames, Iowa  
(except Nov./Dec.)

**6:00 pm  
Social w/Snacks  
6:30pm  
Meeting**

Mask use at the  
discretion of attendees.

**Reminder:** Wear a  
name tag, check out the  
library, and bring some-  
thing for Show & Tell.

**Ames Quilt Guild  
Yearly Dues  
renewed in January  
\$40.  
Dues are \$20 for those who  
join after July.**

### Committees 2023

#### Projects and Activities

Sheila Arney  
Ramona Tapper

#### Communications

Kathy Jones-Facebook  
Sharon Boen-Email Blasts  
Pam Geringer-Newsletter  
Coordinator  
Steve Huffman-Web  
Master, Sound

#### Hospitality

Barb Holst

#### Programs & Education

Kathy Glatz  
Kathy Jones  
Gloria Sampson

#### Membership

Marge Fitzgerald  
Susan Fraser

#### Small Groups

Marge Fitzgerald

### Newsletter Submissions

Due the 10th of each month;  
email to  
Phyllis Schrag,  
phyllis\_schrag@mediacombb.net.

## Cast Your Vote!

**We elect 2024 officers at our October meeting.**

Thank you to these individuals who have volunteered to lead us next year.

Joanne Kerton - President  
Kate Hardy - Vice President  
Anne Dunn - Treasurer  
Sandy Popelka - Secretary



# Giving

Sleep In Heavenly Peace
Orphan Blocks
Orphan Grain Train
Quilts of Valor



## Sleep in Heavenly Peace

Look at this back seat, full of your quilts. You will recognize SHP Ames leader, Bob Olinger, taking delivery on the 11 bed-size quilts, 3 kid-size quilts, and 4 pillow cases. All those items were stitched, quilted, and bound by you. Thank you for sharing your expertise in this way. Bob Olinger reported a site has been found; he is expecting some funding to come from the parent organization as start-up money, and he hopes to have a "build" event by the end of October, all things remaining equal weather-wise. If you know of someone or an organization who has interest in supporting SHP, Bob would love to know that information. He can be reached at 515.291.1258 and [bob.olinger@shpbeds.org](mailto:bob.olinger@shpbeds.org).

*Jew Phyllis,  
Please extend a BIG  
thank you to the members  
of your organization for  
the last gift of quilts  
& pillow cases. They  
will help support our  
on-going efforts to supply  
beds to kids needing  
them.  
Thank you,  
Bob Olinger  
SHP*

## Your orphan blocks have been adopted in these SHP quilts



## Last Call!

The October 26, AQG meeting will be the last time in 2023 to donate to the charity causes we support.

We will accept

- Orphan blocks
- 10.5 in squares
- 3.5x12.5 scrappy rectangles
- QOV blocks
- Sheets Sets & Pillows for SHP

*"The good we do together  
far exceeds the good we do  
alone!" Ben Franklin*

Thank you for your generosity and email.



**S**ave those toiletries for  
YSS Donations

## 2023 AQQ Programs

Oct. 26, 2023

**What is a Modern Quilt?**

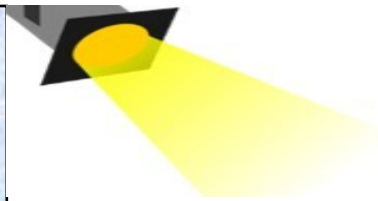
**The Myths and the Magic**

Carole Lyles Shaw  
(ZOOM Presentation)

Dec. 7, 2023

**Holiday Potluck & Fun**

**Interesting and fun programs are being planned for 2024!**



## AQQ New Member Spotlight

### Glenda Ashley

I was born and raised in Ames. I've been married to my husband Don for 47 years and we have two sons, Aaron and Jason. I retired in 2017. I am a returning member.

I started quilting in 2019. My friend Janet Lehman said I should think about joining the quilting retreats that were held monthly and lasted three days. So, I did. The first quilt that I actually finished was one that my mother and grandmother started some 70 years ago. They had several Sun Bonnet Sue blocks completed. I chose fabrics to go with them and sewed them together to make a king size quilt. I had someone in Arizona do the quilting part. My second quilt was one that I had won from a shop hop. It was just a lap quilt made with valentine fabrics. I quilted it myself using stitch in the ditch. My third quilt was called "Nebula". It was queen size and Phyllis Schrag did the quilting. I just finished the "Fantasy" quilt and it was by far the hardest one.

I find that quilting is fun and relaxing. Quilting gives me a chance to do something creative. The out-of-town retreats are a chance to get away and sometimes meet new friends. I would eventually like to try free motion quilting. I also belong to a three-day-a-month machine embroidery retreat.

My quilting tip is to choose something that you really like, be it for beginners or more advanced, in order to learn new techniques and challenge yourself. Then, the key is to stick with it and don't give up.



### Small Groups

In July, we invited members to form small groups which would meet outside regular Guild meetings and explore a common quilting-related interest. We want to feature these groups in our January newsletter and inform current and new members who may share your interests. Please email Phyllis Schrag at [phyllis\\_schrag@mediacommbb.net](mailto:phyllis_schrag@mediacommbb.net) with your group description and contact information.

**PLEASE TAKE ADVANTAGE OF OUR LENDING LIBRARY.**

**THERE ARE SO MANY GREAT-BOOKS WITH PATTERNS, IDEAS, AND INTERESTING CONCEPTS FOR QUILTERS TO USE.**

### Stash Busting Opportunity

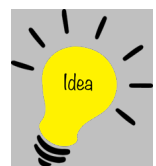
The ISU Department of Apparel, Events and Hospitality Management (AESHM) would like fabric donations for their students to use for design projects. Jason Gagnon, the Sewing Studio Director said:

*"Donations are a life saver for our students and their projects! The types of fabrics can really be any type – it is hard to determine what a student has in their mind for a project as our students work with everything from cotton, silk, leather, linen, polyester, and more. One-yard cuts or larger work best."*

Dr. Chunhui Xiang teaches the textiles class and uses natural and manmade fabrics for students to identify by testing their properties (i.e. burning, melting).

It's very easy to donate! **Bring your fabric donations to the October Ames Quilt Guild meeting, on Thurs., Oct. 26<sup>th</sup>. Put them right inside the doors of the First United Methodist Church, near the couch area.** Jason will pick them up at 6:30pm.

Contact Kathy Glatz at [kathyglatz1@gmail.com](mailto:kathyglatz1@gmail.com) with questions.



**Have an idea for an AQQ Program?**

**Send it to:  
Kathy Glatz,  
[kathyglatz1@gmail.com](mailto:kathyglatz1@gmail.com)**

## Treasurer's Report

September 2023  
 Balance Forward:  
 \$5,777.39  
 Income: \$180.00  
 Expenses: -\$1,031.46  
 Ending Balance:  
 \$4,925.93

## AQG Committees:

A final report from all the committee events will need to be prepared and presented to the next committee chair prior to the 2024 guild year. Thank you to all of you who have agreed to chair a committee in the past and future. This list below gives details.

Committee Name	Committee Responsibilities	Committee Members
<u>Hospitality</u>	<ul style="list-style-type: none"> <li>◇ Keeps track of volunteers for refreshments for monthly meetings; sets up and cleans up snack area, emails to newsletter chair the monthly treat provider list.</li> </ul>	Barb Holst Donna Buchwald
<u>Membership</u>	<ul style="list-style-type: none"> <li>◇ Keeps current membership data base</li> <li>◇ Communicates regularly to Executive Committee updating new member data base for other chairs to use in their committees</li> <li>◇ Fills and provides gift bags to new members</li> </ul>	Dorothy Sperry Monica Howard - Martin
<u>Newsletter</u>	<ul style="list-style-type: none"> <li>◇ Puts together a monthly meeting reminder with AQG news items, photos, member spotlights</li> </ul>	Pam Geringer Shari Hanger Judy Vance
<u>Programs and Education</u>	<ul style="list-style-type: none"> <li>◇ Accepts suggestions for program ideas from membership</li> <li>◇ Communicates with requested teacher/program provider in regards to costs, schedule availability, lecture/trunk show and other expenses.</li> <li>◇ Issues speaker contracts</li> <li>◇ Introduces speakers at meetings</li> <li>◇ Arranges for and delivers speaker's compensation along with a thank you note</li> <li>◇ Sells tickets when there is a fee involved</li> <li>◇ Collects fees from participants as needed</li> <li>◇ Presents, in some form, the programs for the year at the December or January meeting. (currently a bookmark)</li> <li>◇ Each month, provides details for the Lead Story to newsletter chair regarding the upcoming program/speaker</li> </ul>	Kathy Glatz Kathy Jones Gloria Sampson
<u>Facebook</u>	<ul style="list-style-type: none"> <li>◇ Maintains the AQG Facebook group, accepts requests to join the group and ensures content relates to AQG member interests.</li> </ul>	Kathy Jones
<u>Webmaster &amp; Sound &amp; Email Blast Publicity</u>	<ul style="list-style-type: none"> <li>◇ Assists the AQG Facebook group, accepts requests to join the group and ensures content relates to AQG member interests.</li> <li>◇ <b>The membership list is not to be made available for any solicitation purposes.</b></li> <li>◇ Provides publicity to newsletter chair for all aspects of AQG activities, including general and workshop information</li> <li>◇ Should be kept informed of all AQG functions requiring public relations</li> <li>◇ Gathers information from officers and committees as needed for newsletter, Facebook, and Web Site</li> </ul>	Steve Huffman Char Hulsebus
<u>LEADERSHIP TRANSITION</u>		All Current Committee chairs

### Current Events

#### KAFFE FASSETT: 85 AND FABULOUS

September 12 – December 10  
 Iowa Quilt Museum  
 68 E. Court Avenue,  
 Winterset, IA 50273  
 515.462.5988  
 director@iowaquiltmuseum.org

#### TRICK OR TREAT IN DOWNTOWN AMES!

October 27th  
 10:00 AM - 2:00 PM

Calling all ghouls, ghosts, goblins, and characters of all kinds...come trick or treat in Downtown Ames! Babies, toddlers, kids and parents... everyone is encouraged to dress up!

#### CRAFT & VENDOR FAIR

November 11-12  
 Saturday 10:00AM-5:00PM  
 Sunday 10:00AM-4:00PM  
 Nevada High School  
 Nevada, IA

#### 8 BEST ONLINE QUILTING CLASSES OF 2023

by Lauren Thomann for the SpruceCRAFTS

- Best Overall: Creative Bug
  - Best for Beginners: Skill-share
  - Best Variety: iQuilt
  - Best for Free: Quilt Addicts Anonymous
  - Best for YouTube: Missouri Star Quilt Company
  - Best Community: National Quilters Circle
  - Best for Experts: Sew on the Go
  - Best for Businesses: Udemy
- Use this link to read the reviews, learn their rating process and class costs.

<https://www.thesprucecrafts.com/best-online-quilting-classes>

## All executive officers and committee chairs!



Current and newly elected

Please attend a Transition meeting at

Ames Public Library

2 pm Saturday, November 4

Bring all your committee materials

Be prepared to share ideas and

Brainstorm for a smooth transition!

## TIP CORNER

### LET IT GO!

One of the best tips I have heard is from Amy Womeldorff who is a staff member at the Quilting Connection. I told her I was bothered by the number of UFO's I had. She told me to work on what inspires me.

Janell Eby

### PET PILLOWS

Rather than throw batting scraps, square-up snippets, and misshapen blocks in the trash, put them into a pet pillow. The Ames Animal Shelter accepts pillows for their pet guests, and the pillow, with its familiar scent, goes with the pet to their new home. It is very easy to do:

- Sew a pillow (any size) on 3 sides
- Place that pillow (clamps help) in the center of a waste receptacle
- When full, machine stitch the fourth side.
- Deliver the pillow to 325 Billy Sunday Rd, Ames, IA 50010

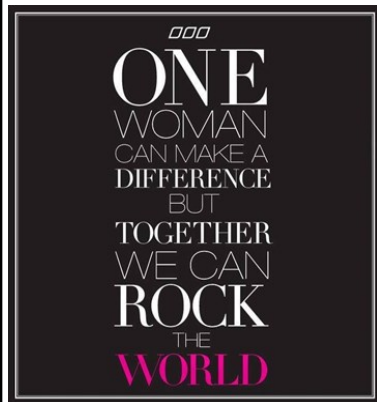
Celebrate knowing your useless scraps are now made useful as a gift to our furry friends.

### Tips Welcome!

Do you have a favorite tool, technique, re-purposing trick, product or resource that improves your quilting? We want to hear about it and share it with the guild in our newsletter. Please write a brief description of your tip, include pictures if possible and send it to Phyllis Schrag at [phyllis\\_schrag@mediacombb.net](mailto:phyllis_schrag@mediacombb.net). Member tips will be published in the AQG newsletter in January 2024.

## President's Corner

I am so proud of you! What good work you have done. I saw this poster recently. It clearly reflects you, our AQG members when it says, "One woman can make a difference, but together we can rock the world"! Proof of that was witnessed by the pile up of baby quilts. Wasn't that amazing to



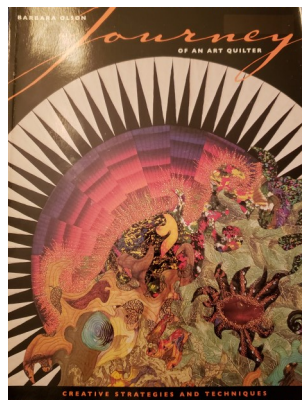
see? Each one as interesting and clever as the last. That, together with our show and tell of quilts for Sleep in Heavenly Peace made me tear up with joy. In another article in this newsletter, you will see a picture of those quilts loaded in Bob Olinger's car. Good work everyone. Thank you so much. I am so proud to call you my quilting friends.



*"Nobody starts out a perfect quilter." - Sandra Dallas*

## From the Quilting Bookworm

In the introduction to *Journey of An Art Quilter*, Barbara Olson states that her goal is to share her personal journey from quilting beginner to professional art quilter and to help

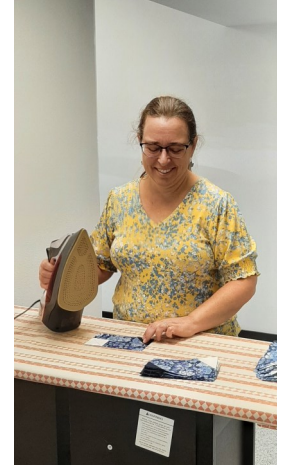


other quilters do the same. Unfortunately, her guided exercises that are supposed to foster creativity, do exactly the opposite. Ms Olson tells people they should meditate. But not everyone is suited for meditation. Next, Ms Olson tells readers to figure out their personal working preferences (from center out, side to side, outside in) by working through a set of detailed exercises (grid 6 pieces of paper each in a different specific pattern, etc.) that are anything but inspirational. Other lessons are painfully obvious. Practice drawing, especially curves. Audition fabrics. Worst of all is when Ms Olson ignores the individuality of the reader by presenting her personal biases as facts (draw spirals using Ms Olson's method because the standard, mathematically-based method does not work for her). This book would be excellent for a person whose brain works like Ms Olson's, but I would guess that most people's don't. Far from being encouraging to continue experimentation, the reader of this book is likely to be artistically stifled.

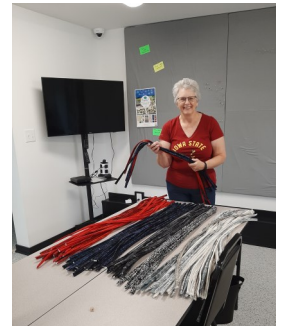
This book is not recommended and is only reviewed here because I do not want someone to check it out of the guild library and then feel that, because they do not feel or work the way Ms Olson does, they are incapable of innovation or originality. You can do it!

**Until next time- QB.**

# AQG MEMBERS CREATE, TEACH, SHARE & GIVE JOY



## AQG Retreat Highlights



### Quilt Making Guidelines for SHP

*submitted by Barb Hedberg*

This sample planning guide is just that, a guide to help you prepare for making and donating quilts.

#### Quilt Requirements

- Size between 50" to 60" wide and 75" to 90" long.
- Simple quilt designs.
- Colors that appeal to kids and young adults from 7 to 17 years of age.
- No religious or holiday themed fabrics.
- Quilted. Simple allover quilting is recommended.
- Machine bound is preferred.
- No buttons or glued on embellishments.

#### Good information to know!

[https://cdn.shopify.com/s/files/1/1231/8710/files/Guild\\_Promo\\_Planning\\_Guide.pdf?v=1690314245](https://cdn.shopify.com/s/files/1/1231/8710/files/Guild_Promo_Planning_Guide.pdf?v=1690314245)

# AMES QUILT GUILD MEMBERS TOUR

## ISU DEPARTMENT OF APPAREL, EVENTS AND HOSPITALITY MANAGEMENT (AESHM)

On Fri., Oct. 13th, 35 members of the Ames Quilt Guild and ISU Block Builders toured the ISU (AESHM). We were truly given a warm welcome and a showcase of the AESHM Department...from the words of Chair Dr. Linda Niehm, the lecture on current textiles and research by Dr. Chunhui Xiang and Dr. Rui Li and the tours by faculty and students of the DATS Lab, the Comfort Lab, and the Hazard Lab. The department generously treated us to lunch at the Tea Room and provided van shuttles back to the parking lot after our bonus tour of ISU's Innovation Center. All of that along with some of us having ISU Creamery Ice Cream, the torrential rain and taking cover from a possible tornado! What a day! Here are some photos of our experience.



Presentation on current textiles and research



Sewing Studio

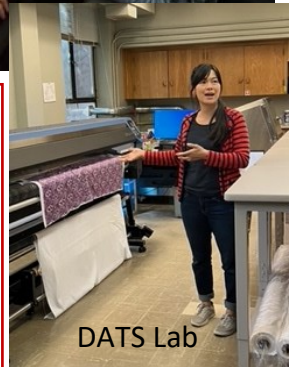


Tea Room



Hazard Labs

"It was very informative and fun to see all ISU has to offer and find new friends to visit with at the tea-room. Everything was great!"  
Deanna Jordan



DATS Lab



Innovation Center Retail Learning Space



"From minute one to the last van ride it was a great day. Every ISU representative greeted us with enthusiasm and warmth, with a special shout out to Leslie who got us safely to the Student Innovation Center after finding the ISU Creamery for us! I have a new appreciation for the immense amount of research, statistics and time that goes into developing fabric and products to keep workers safe and comfortable. It was a day of learning and fun which is a winning combination! Thank you!" Ann Wilbur

"I learned so much! I am very proud of all that Iowa State does and offers to the students and community. It almost makes me want to be a student again. Thank you!!!" Susan Fraser



Audio/Visual Creative Space



Textile Creative Space



Taking Shelter

## Ames Quilt Guild Meeting Minutes

### September 28, 2023

**Welcome:** Meeting called to order at 6:30PM.

#### **Announcements**

- Creative artist studio of Ames. Has a space for fiber artists. Space downstairs for dying and fabric painting. During the last weekend in September the new space will be open all weekend. Would love to show people around.
- October will be the last month for submitting orphan blocks
- Reminder, there is no meeting in November due to Thanksgiving. The meeting in December is December 7th and is the final meeting of the year. The annual potluck will be held during the December meeting.

#### **Old Business**

- The August meeting minutes are approved.
- The treasurer's report is approved.

#### **New Business**

- Programs and Education Committee Report (Sheila Arney and Ramona Tapper)
  - AQG sent 93 stockings to Soldiers Angels in San Antonio, and we received a nice thank you card.
  - Baby blankets were collected during the September meeting and will be donated to the NICU in Des Moines.
- Nominating Committee (Liz and Susan)
  - Thank you to those who have said yes. We are still looking for a President. If you are interested, or you have a recommendation please let Liz and Susan know. Voting will be completed at the October AQG meeting.
- Newsletter (Pam Geringer)
  - Next year a series sharing tips and tricks for quilters will be included in the monthly newsletter. Please send tips and tricks to Pam or Phyllis.
- Membership (Susan and Marge)
  - There were 43 attendees at the September AQG meeting.
  - For new members in 2023, please pay your dues, which are \$20, for the remainder of the year
  - 2024 membership fees are also due. The annual membership rate is \$40 and can be paid in December or January.

#### **Program**

- Guest speaker, Dorothy Faidley, presented on the history of Fabric and Threads at the Iowa State Fair, the judging process, and how to enter your handiwork.

Email "trick or treat" to your president to receive a door prize at the October Guild meeting.