



Executive Board 2023

President—Phyllis Schrag,
phyllis_schrag@mediacombb.net

Vice-President—Kathy Jones;
kmjones@iastate.edu

Secretary—Shawna Saad,
ssaad@iastate.edu

Treasurer—Kate Hardy,
khardyquilt@gmail.com

Committees 2023

Projects and Activities

Sheila Arney
Ramona Tapper

Communications

Kathy Jones-Facebook
Sharon Boen-Email Blasts
Pam Geringer-Newsletter
Coordinator
Steve Huffman-Web
Master, Sound

Hospitality

Barb Holst

Programs & Education

Kathy Glatz
Kathy Jones
Gloria Sampson

Membership

Marge Fitzgerald
Susan Fraser

Small Groups

Marge Fitzgerald

Newsletter Submissions

Due the 10th of each month;
email to
Phyllis Schrag,
phyllis_schrag@mediacombb.net.

“Hats Off to You” AQG’s Tea Party-Guest Night



Wear your favorite hat and your name tag and come for lots of fun on **Thurs., April 27th** to the **Vintage Coop** (5900 Hyde Ave., Ames). The **AQG’s Tea Party-Guest Night** is open to AQG members and their guests who have a possible interest in joining the Guild.

Here’s what will be happening:

- 5:30pm Come early for a Tour of the Vintage Coop (for those interested)
- 6:00pm Social
- 6:30-8:30pm Teatime—beverages and sweet treats
“Hats Off to You” Program by Phyllis Schrag
Short introduction to the Quilt Guild
Show-n-Tell

The “Hats Off to You” Program by Phyllis Schrag will cover the history of women’s and men’s hats throughout the centuries, from renaissance days to modern times. It is based upon Schrag’s vast collection of hats. Schrag says, “I have collected hats since childhood. I love seeing them on other people, and I love wearing them”. Schrag also adds, “In a PowerPoint™ presentation, the audience will be reminded of the early history of hats all the way through to their Easter bonnet.” A South Dakota Humanities Scholar, Schrag is a retired Sioux Falls, SD, public school teacher, now living in Ames, Iowa, where she is the owner/operator of Phabulous Machine Quilting, a long-arm quilting service. She currently serves as President of the AQG. Whether on speaking tours in SD or here in Ames, she continues to enjoy acting, singing, preaching, speaking, writing, quilting, and volunteering.

Table Hosts: Dorothy Sperry, Ramona Tapper/Sheila Arney, Liz Wilt-Cable, Judy Vance, Char Hulsebus, Kay Wessman, Marge Fitzgerald, Susan Fraser, Gloria Sampson, Sandy Popelka, Barb Holst, and Monica Howard-Martin.

Bringing Bite-Sized Sweets: Kathy Glatz, Barb Holst, Dorothy Sperry, Sheryl Soder, Anita Maher Lewis, Sandy Popelka, Joanne Kerton, Phyllis Schrag, Joan Nass and Janell Eby.

The delicious snacks at the March meeting were provided by:

**Barb Holst
Diane Rupp
Shawna Saad
Wanda White**



“You know you’re a quilter when the only scraps under your dining room table are fabric.”

Monthly Meetings

Held the 4th Thursday
First United Methodist
Church
516 Kellogg
Ames, Iowa
(except Nov./Dec.)

**6:00 pm
Social w/Snacks
6:30pm
Meeting**

Mask use at the discretion of attendees.

Reminder: Wear a name tag, check out the library, and bring something for Show & Tell.

**Ames Quilt Guild
Yearly Dues
renewed in January
\$40.**

Dues are \$20 for those who join after July.



Giving


Sleep In Heavenly Peace
Orphan Blocks
Orphan Grain Train
Quilts of Valor

Orphan Grain Train donations will be postponed one month.

Because we have so many interesting and fun things planned for our April 27th Spring Tea and Guest Event, please save all your women's and children's clothing donations for delivery at the May 25th AQG meeting.

Keep Cleaning Those Closets

When we look in our closets and purge the items we no longer want or need, consider those who do. Please bring unwanted **women's, children and teen clothing** to our **May guild meeting**. A collection area will be identified inside the FUMC door. Then, the items will be donated to the Orphan Grain Train to be shipped to those in need, particularly refugees from Ukraine. The monthly meeting collections are:

May 25	Women's, children and teen clothing	
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We will continue to accept quilt block donations throughout 2023

For a number of great causes:

- ◆ 10.5" blocks & orphan blocks for charity quilts.
- ◆ 12.5" blocks for Quilts of Valor. No specific design, but patriotic fabric/colors would be best (though not necessarily just RWB).
- ◆ 3.5" X 12" blocks: used to make quilts for Sleep in Heavenly Peace

Keep those blocks coming!



Quilting for Others (QFO)

It's not a UFO it is a QFO!

Quilting for Others continues to be a community outreach goal of our Ames Quilt Guild. We are already gathering orphan blocks, 3 1/2 x 12 1/2 inch scraps rectangles, and 10 1/2 inch squares from which to make quilts



for those in need. To keep QFO manageable, the guild will provide opportunities for members to piece together tops from blocks provided, bind quilts already quilted, and tie or machine quilt the tops. Our goal is to make it easy for members to help without the burden falling on just one or two members. The items needing your assistance can be found at the Steve Huffman sound system table. We are using the honor system, so take a project home and when finished, please bring it back for show and tell. We continue to take requests from local organizations who need quilts. Right now, we are providing 60"x 80" quilts to Sleep in Heavenly Peace and the Orphan Grain Train.

PLEASE TAKE ADVANTAGE OF OUR LENDING LIBRARY. THERE ARE SO MANY GREAT BOOKS WITH PATTERNS, IDEAS, AND INTERESTING CONCEPTS FOR QUILTERS TO USE.

2023
AQG Programs

Jan. 26, 2023
Everything But Cotton
Julia McLeod
(ZOOM Presentation)

Feb. 23, 2023
Triangles on a Roll
Mischelle Hardy, from
Sew Be It Quilt Shop, Jewell
(Will also be vending)

Mar. 23, 2023
My Story & Trunk Show
Christine Hobbs

Apr. 27, 2023
Hats Off to You
Phyllis Schrag
Special Tea Party
Guest Event

May 25, 2023
**The International
Honor Quilt -
Women Remembering
Women**
Dana Jones
(ZOOM Presentation)

June 22, 2023
T-Shirts and Bags
Sheila Arney and
Ramona Tapper

July 27, 2023
**Sew Great Tours -
Quilt Tours**
Nancy Thompson

Aug. 24, 2023
**How Colors Affect You,
What Science Reveals**
Laura Anspach


Sept. 28, 2023
Quilts of Valor
Kathy Jones

Oct. 26, 2023
**What is a Modern Quilt?
The Myths and the Magic**
Carole Lyles Shaw
(ZOOM Presentation)

Dec. 7, 2023
Holiday Potluck & Fun

Ames Quilt Guild New Member Spotlight

Martha Johnson



It was my grandmother who taught me to quilt but textiles are in my genetics. My mother was a superb seamstress, and my sister is a weaver. I started quilting on my own just out of college because I wanted to do something with my hands when I traveled. My early quilts are of hand-applied blocks that would easily fit into my satchel and go with me on trips.

I grew up all over the United States except the South. My dad was a pastor, so we moved around quite a bit. I've lived in Connecticut, California, North Dakota, Ohio (college), and back in Connecticut for grad school. I spent my career as a manager/executive in business and government that took me to Indiana, Massachusetts, New York, and Washington, D.C. In 2020, my husband Steve and I moved here from Annapolis, MD to be closer to our daughter, her husband and our grandson who live in Ames. We also have a son in New York City, so we can get our big city fix when we need it.

I particularly love to return to North Dakota and visit my friends there who are quilters. Often I go in February to participate in their quilting retreat at the nearby Assumption Abbey (Benedictine). The light there is like no other. We quilt, and talk, and laugh the days away...and forget that it's cold and snowy outside.

Recently, I started designing my own quilts after years of doing various intricate patterns. I enjoy color, geometry, and the feel of the fabric. I have worked with silk, but I prefer cotton, and there is nothing better than finding ways to use scraps. Our new home here in Iowa allows me to have a basement studio - with a ping-pong table repurposed for cutting. I have an Etsy shop (<https://www.etsy.com/shop/spiritedquilts/>) and I am eager to continue posting quilts and patterns, when I can find the time. The picture here shows an Ampersand quilt I designed and made for my brother for a wedding gift. It's called "Ted Ampersand Jennifer"!

My quilting tips for you are to keep your machine oiled and use good thread. There is nothing worse than cheap thread and the mess it makes.

I look forward to meeting new quilting friends, learning from the programs, and seeing all your beautiful quilts at the show and tell.



Have an idea for an AQG Program?

Send it to: Kathy Glatz, kathyglatz1@gmail.com

Treasurer's Report

March 2023

Balance Forward: \$3,900.11

Income: \$1,560.00

Expenses: \$817.80

Ending Balance: \$4,642.31



A big thank you

 to the person who made a large monetary donation to our guild.

That money has been added to our treasury so that we can continue to secure excellent educational programs for our members.



Cancer Control Month. A national observance to educate people about lifestyle choices that decrease the risk of cancer. The observance also recognizes the struggles of people with cancer and works toward reducing their struggles and burdens. The aim is to help more people know about prevention, early detection, and cancer treatment.



Ames Quilt Guild New Member Spotlight

Tammy Hartman

I am married, a mother of 4 children, grandmother to 3 grandchildren, with another to be born in September of this year. I moved to Ames in 1967, from the Twin Cities in Minnesota, when my father started his own company here in Ames. I went to Fellows Elementary, Central Junior High (Go Whirlwinds!) and graduated Ames High School in 1976. I have been a cosmetologist, stay at home mom, done data entry, went to nursing school and retired from ISU as an RN; I enjoyed my last 12 years of nursing at Student Health, keeping the students healthy and educating them on home care when they weren't feeling well.



I enjoy playing with my dogs; 1 German Shepherd, 2 Golden Doodles, and a 1 giant Schnauzer. Our family enjoyed two decades of historical reenactments, and I will be volunteering, starting in May, at Living History Farms, sharing and teaching those skills to their many visitors.

The first quilt I owned was from my maternal grandmother; she had one of her neighbors make it for my high school graduation. It was a tied quilt, and I used it until it started falling apart; I saved it, and I am hoping to restore it someday. I have sewn since I was in junior high school, and my sewing teacher used to give me speeding tickets for sewing too fast!

I started quilting to hang out with my friends, and the first quilt I made was a rail fence pattern out of Civil War reproduction fabrics; my husband was Civil War reenacting, and I thought it would be a nice present for him. The process of choosing a pattern for someone, picking out the fabrics and seeing their reaction when they receive the quilt is what I enjoy most about quilting. And, it is a good therapy; at first it was frustrating (I second guessed color choices, was irritated when I misread a pattern and wasted fabric or had to rip it out and restart; but now even the mistakes and correcting them are more like lessons in patience (which anyone who knows me well, knows that is not an easy thing for me). I used to rush to finish them, so I could have a finished project. Now, I try to enjoy the process, and retirement allows me the time to do that. I enjoy quilt retreats with friends and am grateful to be able to attend them again; it is so much fun to see everyone's projects, get new ideas, share stories about family, eating and laughing together.

Know of an Area Quilting Event?

Share in the AQG newsletter by sending information to Pam Geringer, pdgeriner@yahoo.com



Coming

May 2023

**AQG
Member
Spotlights**

**Alice McGary
Ann Rehbein**

TIP CORNER

SAFETY FIRST

What to do with sewing needles, bent pins, and rotary cutting blades when they are no longer useable to us? That is an important question. Some sewists just throw them in the trash;



but please know, these items are considered hazardous waste because they are still dangerous. They might not be sharp enough to do a good job on your quilting project, but they certainly are sharp enough to cause some unsuspecting person an injury. Please dispose of those items in a plastic container such as an old plastic vitamin bottle or a child proof pill bottle or lidded plastic round sour cream container, the perfect size for used cutting blades. That way you have done your part to keep the world a safer place.

Current Events

QUILT AMANA 2023

April 14-16, 2023
Price Creek Event Center
4709 220th Trail, Amana, IA
52203 Amana, IA
Award Winning Quilts, Hundreds Of Quilts On Display
<https://heritagedesignsquilts.com/quilt-amana/>

FIBER FESTIVAL of Perry at Atelier 1109

May 13th, 1:00—7:00 PM
1109 2nd St., Perry, IA.
All things related to fiber arts for sale by local vendors plus stunning quilts from the Perry Piecemakers Quilt Guild
<https://www.facebook.com/events/atelier-at-1109/fiber-festival-of-perry/980776406151986/>

SAVE THE DATE!

What: Ames Quilt Guild Retreat

Where: Mended Hearts Quilt Shop,
3212 330th St, Ellsworth, IA

When: Friday, September 15, 2023; 9:00 am-8:00 pm and Saturday, September 16, 9:00 am-5:00 pm.

Cost: \$30.00 per day, per person. 3 meals extra.

Why a retreat? An opportunity for members to gather to sew, learn, share, relax, laugh and enjoy time together.

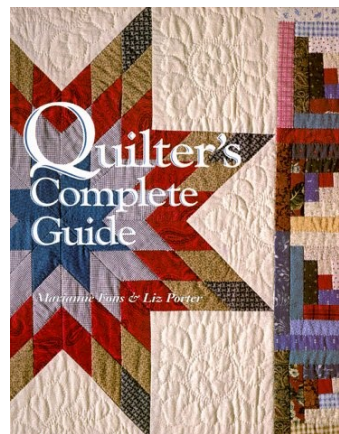
Maximum number of sewers will be 18 and first priority will be given to paid members. We may be able to include guests if there is room. Watch for more information!!!! [Contact Gloria Sampson 515.460.1143 with questions.](mailto:Gloria.Sampson@amesquiltguild.com)



Donation\$ Accepted

Someone recently asked if we can receive monetary donations to Ames Quilt Guild. The answer is yes! We gladly accept gifts of money. As we strive to increase our membership, which is the basis of all revenue and used mostly to secure programs, we welcome any and all cash donations. Receipts will be provided when requested. In other quilt guilds, small groups as well as individuals often choose to underwrite a specific month to honor a birthday or anniversary and/or a specific program.

From the Quilting Bookworm



In the 1970s two young mothers met at a quilting class. Soon Liz Porter and Marianne Fons were teaching classes, running workshops and producing their own TV show. In 1993, they published the trailblazing **Quilter's Complete Guide**. Arguably the first general reference book for quilters, it covered everything from choosing a pattern to binding. In 2000, they published a revised edition and this is the book in the Ames Quilt Guild library. In addition to essential piecing techniques, it covers machine and hand quilting, machine and hand applique (several methods), Liz's amazing invisible binding join (yes, we all use it now, but she invented it), a lot of cutting and piecing shortcuts, photo quilts and much, much more. Unfortunately, in the authors' attempt to be comprehensive, they often skip details. The needle-turn applique instructions, for example, are so brief that even an experienced applique person will have difficulties following them. Individuals looking for a detailed "how to" reference book should look elsewhere. What this book does offer is a fascinating glimpse into the quilting world of 20+ years ago (polyester-cotton blend fabrics!). Without Ms Porter and Ms Fons's groundbreaking work, the quilting world, and especially the quilt book would not be what it is today. Check it out.

Until next time- QB.

President's Corner



What a great meeting we had in March! Thank you to all those who donated to the Orphan Grain Train. My car was packed full and those donations are now safely at the Clemons, Iowa, location where they will be examined, placed in the correct room, boxed and shipped where needed the most. Please note, we will suspend our final children's and women's clothing donation until May.

I was delighted to see four new members join us as paid-in-full participants. In future, look for their "new member spotlights" in which we will introduce them to you complete with a photo.

Other exciting news is in the works for a "Mall in the Hall" fabric and quilting sale. I am so grateful to Janet Alvestad, Char Hulsebus, Deanna Jordan, Jane Montgomery, and Molly Winton for volunteering to organize this event.

You, our guild members, are amazingly generous and willing. I am so pleased that every one of the charity quilts that needed binding was taken by members to finish. Please bring them, if finished, to the April meeting for "Show and Tell". Others have contacted me offering to bind quilts as well. Recently, someone donated some kits complete with pattern. If that is something that you are willing to take on by stitching together the quilt top, please let me know so we can arrange a time for you to get that kit. As always, there is no rush, and no deadline.

Our April meeting promises to be something extraordinary. Happily, the room is full. The committee made up of Kathy Glatz, Dorothy Sperry, and Barb Holst have gone to great lengths to make the entire evening enjoyable and memorable for you and your quilting guests. It is our hope that after learning about AQG, the guests will sign up and pay their dues right on the spot.

MALL IN THE HALL

June 22 - United Methodist Church - 516 Kellogg - Ames Quilt Guild

Fabric: \$1/pound

Notions

Tools



Fundraiser for the Ames Quilt Guild. Donations provided by members. Sale will follow the regular guild meeting.

Donations accepted at the May and June meetings or call 515-460-2047.

Clean and usable items only please. No magazines, books, or patterns.

Ames Quilt Guild Meeting Minutes

March 23, 2023

1. Welcome

A. Meeting called to order at 6:30 PM by President Phyllis Schrag

2. Announcements

A. Just a quick reminder that we will continue to accept quilt block donations throughout 2023 for several great causes.

- i. 3.5" X 12" blocks: used to make quilts for Sleep in Heavenly Peace
- ii. 10.5" blocks: used for orphan blocks
- iii. Orphan Grain Train – in 2023 we will be collecting specific items that are need by refugees from Ukraine. Each month there will be a different item.

B. Quilt For Others (QFO's) were passed out. These quilts were bundled with binding and a label, and members who took one will be completing these quilts to later be shared with others as part of the guild's mission of giving.

C. Our very own Kathy Jones is the Iowa Quilts of Valor State Coordinator. Kathy shared some great insights on the Quilts of Valor process for quilt making and noted there is a website that includes a lot of great information as the rules are specific for these quilts. Please get in touch with Kathy if you are interested in Quilts of Valor (either making or nominating someone to receive one). In addition, more information can be found at <https://www.govf.org/state-coordinators/iowa/>.

3. Old Business

A. January 2023 minutes were approved with one change noted.

- i. The February program name spelling of Mischelle Hardy from Sew Bee It quilt shop in Jewell Iowa was corrected.

B. The Treasurer's Report was approved as it stands in the current AQG newsletter.

4. New Business

A. AQG members discussed interest in a Mall in the Hall. This would be a great opportunity for the guild to offer a fabric sale and utilize those funds to support the mission and goals of the guild moving forward. Many ideas were discussed regarding location, pricing, and overall interest. A request to determine if the guild would move forward with the Mall in the Hall was brought forward by Alice McGary, so moved by Pam Geringer, and seconded by Dorothy Sperry. With approval to move forward, a committee was recommended to spearhead this effort. Members voted and approved of this committee. Committee members were identified and will include Jan Alvestad, Mollie Winton, Char Hulsebus, Deanna Jordan, and Jane Montgomery.

- i. The committee will meet to determine critical details and report at a future AQG with a status update.

(Continued on page 8)

5. Committee Reports

A. Activities/Projects (Sheila Arney, Ramona Tapper)

- i. We are having a baby! Given the success of last year's baby blanket challenge, another will happen this year. Members were able to draw pink or blue to determine what style of baby blanket to make. The baby blankets are due at the September AQG meeting and should be fully completed. These will be donated to local NICU's.
- ii. Fat quarter project for \$1. You can pay \$1 to receive a fat quarter. Make anything using the fat quarter as the focus fabric. The project must be fully completed and is due at the May AQG meeting.

B. Membership (Marge Fitzgerald, Susan Fraser)

- i. 3 guests and no new members. There were 40 total attendees.
- ii. Membership Spotlight – Judy Vance is leading the membership spotlight write-ups. She would love to spotlight you! It is easy, and there are many options to do this so that it is easy and no pressure for members being spotlighted. Judy can provide a form for you to fill out and return to her, you can write your own content of what you want spotlighted, or Judy can do a phone interview. Judy shared the goal is to have you get her the content and she will write it. Then she will share with you for approval before it would be included in the AQG newsletter. Please reach out to Judy if you would like to learn more!

C. Programs (Kathy Glatz - Chair, Gloria Sampson, Kathy Jones)

- i. Over half of the programs for 2024 are planned and we have some very exciting topics coming!
- ii. Save the Date! On September 15th and 16th, the Ames Quilt Guild will sponsor a quilt retreat at Mended Hearts in Ellsworth. The cost will be \$30 per day and there is room for 18. Members will have first chance to reserve a spot before opening to non-members. Mended Hearts has a great space for quilting with a full kitchen. Participants would need to bring their own sewing machine. Stay tuned for more information and registration information.
- iii. The April AQG meeting will be a Tea Party held at the Vintage Cooperative. See lead story page 1 for details.

6. Programs

- A. Christine Hobbs, a graphic and pattern designer from Story City Iowa, shared her quilting journey during the March AQG meeting. Christine shared her quilting journey from her first quilt design to her most recent pattern release, which included discussing the many techniques she has used over the years.