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Steve Huffman
Char Hulsebus

Small Groups

Kate Hardy

- Charity Quilts
- Electric Quilt 8
- Modern Quilts

For questions contact:
amesquiltguild@gmail.com

Newsletter Submissions

Due the 10th of each month;
email to:
pdgeringer@yahoo.com

February 22nd AQG Program Mini-Workshops

Come to the Feb. 22nd AQG meeting to learn from two of your fellow Ames Quilt Guild members:

Susan Fraser will present on **Math for Quilters**. She will help you



learn how to do the math when making a quilt: Like a pattern, but want to make a bigger quilt? Have 6" or 8" blocks, but don't know how many are needed for a baby quilt? Don't know how much fabric to buy for a quilt back? Find out the answers to these and more of your questions. *Susan started quilting at age 10 with her grandma. She has been a math teacher for 50 years and has also worked at the Quilting Connection. She prides herself in knowing shortcuts for calculating.*

Kathy Glatz will present on **AccuQuilt**. Using AccuQuilt makes planning, cutting, and sewing quilt blocks fun and easy! Kathy will demonstrate how this fabric cutter will help you "cut time so you can quilt more" while reducing fabric waste and eliminating body strain. Get ready to expand your creativity! *Kathy began sewing for 4-H when she was 10 years old. But in her 30's, she discovered quilting (a skill she attributes to her mother and grandmother). She has evolved into a "create as you go" quilter, often not knowing how a quilt will look until the binding is on it.*



There will be 2-25 min. sessions so all can hear both presentations AND there will be handouts!

Every Quilt Has a Story

by Kathy Glatz, AQG Programs Chair

Every quilt has a story and the Ames Quilt Guild will reveal those stories during a Guest Night on Thursday, April 25th in the Ames Public Library Farwell T. Brown Auditorium. Snacks and conversation begin at 6 pm followed by the bed turning program at 6:30 pm. Coffee, tea, and water will be provided by the library.

The event, also known as "Storytelling Through a Bed Turning," is our annual Guest Night. During the bed turning handmade quilts of various types and sizes are "turned" from a position of repose on a bed and then walked through the audience for their viewing while the quilts' stories are told. **Please save April 25th and invite interested quilt enthusiasts as your guests to this our monthly meeting.**

(Continued on page 2)

THANK YOU for...

"TREAT"ing us so well!

Thanks to Anne Dunn, Barb Holst, Joanne Keton, and Bridget Konz for our delicious January treats!

Thanks in advance to our members who are providing our **February TREATS**:

- Marg Fritzgerald
- Sandy Popelka
- Shari Hanger

Note: Our arrangement to rent the fellowship hall does not include use of the kitchen or kitchenware. Please provide serving utensils for the treats you bring to meetings.

Monthly Meetings

Held the 4th Thursday
First United Methodist Church
516 Kellogg
Ames, Iowa
(except Nov./Dec.)

6:00 pm
Social w/Snacks
6:30pm
Meeting

Mask use at the discretion of attendees.

Reminder: Wear a name tag, check out the library, & bring something for Show & Tell!

Visit us at:
www.amesquiltguild.org/

Ames Quilt Guild
Yearly Dues
renewed in January
\$40.

Dues are \$20 for those who join after July.

Please find a detailed treasurer's report following the minutes.



2024 AQG Programs

January 25—Mischelle Hardy
Sew Bee It Quilt Shop*
Triangles on a Roll

February 22—Kathy Glatz/
Susan Fraser
**Mini-Workshops:
AccuQuilt/Math for Quilters**

March 28—Kathy Jones
Quilts of Valor

April 25—Phyllis Schrag
**Storytelling Through a Bed
Turning**
*Special Guest Event***

May 23—Tammy Silvers
**AURifilosophy -
The Mystery of Aurifil Thread
(ZOOM)**

June 27—Connie Lovelady
Connie's Quilts - Trunk Show

July 25—Nancy Haack***
**What do I do with all these
scraps?**

August 22—Carolyn Abbott
Inspiration for Quilts

September 26—Mary Lynch
**Chair Yoga with a Quilting
Twist**

October 24—Connie Lovelady
Off the Rails Quilting*
Jen Kingwell Quilts

No Meeting in November

December 5—Holiday Pot-
luck & Fun

*Speaker will be vending

**Held at Ames Public Library
Auditorium

***Workshop scheduled

Have an idea for a Program?

Send it to:

Kathy Glatz,

kathyglatz1@gmail.com

President's Corner

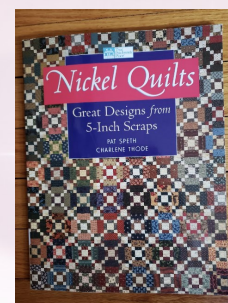


I used to be a solitary quilter. When life gave me the opportunity to start expanding my quilting circle, I was amazed at how much being among other quilters increased my creativity. It's inspiring to be with other people who create, to see all the things they make and to discuss techniques and possibilities. I hope you enjoy some of that inspiration in our guild. In addition to enjoying the educational program and show and tell, come for the social time at 6 pm and make time to chat with fellow guild members about what they are working on, what projects bring them joy or to ask for help with whatever quilt conundrum you may be facing. Help and inspiration are only a meeting away.

Happy quilting,
Joanne Kerton

From the Quilting Bookworm

In 2002 Pat Speth and Charlene Thode published the book, *Nickel Quilts*. In it, they defined "nickel squares" as 5-inch squares of quilting fabric that can be cut and arranged to create beautiful scrappy quilts. For creating one's own block collection, the authors suggest hosting a square exchange event for friends. But then they add some really helpful details. For example, to prevent issues in finished quilts, all exchange pieces should be 100% cotton, pre-washed, selvages off, etc. The next section covers general cutting and assembling instructions. This clearly-written chapter offers an amusing insight into how piecing practices have changed in 20 years. While fabric is cut with a rotary cutter, all the half or quarter square triangle blocks and flying geese are constructed one at a time. None of our modern, "take a couple of large blocks or long strips and hey presto, you have four or eight half-square triangles". The remainder of the book is devoted to patterns, each with concise materials, cutting and piecing instructions. The patterns range from basic, to quite complex, although there are no curves. This well-written book should be very useful to beginners or anyone looking for quick, but interesting patterns for charity or baby quilts. And, as always, it is in our guild library collection. Oh, and if you are looking for a selection of 5" squares without the hassle of holding an exchange, we call them "charm packs" now.



Until next time~ QB.

(Continued from page 1)

Every Quilt Has a Story

by Kathy Glatz, AQG Programs Chair

How can you participate?

1. Share a quilt you have made or are in possession of that tells a story. (See the Feb. 6th email sent to all AQG members with the application and more details; **Thurs., Mar. 15 deadline**).
2. Volunteer to assist with QUILT SECURITY or as a BED TURNER. Four persons are needed for each role. Feel free to ask a friend to volunteer with you. Contact Kathy Glatz at kathyglatz1@gmail.com or 515-451-3202.
3. Invite one or more of your friends who are quilters and might possibly have an interest in joining our Guild.

Questions or suggestions? Contact Kathy Glatz at kathyglatz1@gmail.com or 515-451-3202.



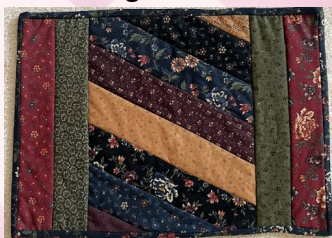
Giving...

| 2024 Progress | Service Projects | Goal | Due | February | YTD |
|---------------|-------------------------|------|-----------|----------|-----|
| | Charity Quilts | | Ongoing | 6 | 6 |
| | Placemats for MOW | 200 | October | | |
| | Pillowcases - SHP & YSS | | Ongoing | 49 | 49 |
| | Sharps Jars Recycled | | Ongoing | | |
| | Stockings for Military | | September | | |

March 16 is National Quilting Day!

However, that Saturday is also during Spring Break week when many of us will be away from home. We are hosting a virtual Placemat Sew-In that day for those with access to a sewing machine wherever you are. We can all "sew together" in spirit but without having to haul our machines and supplies to a gathering location. Some friends may even want to Zoom their workshop time together! Pick a pattern and some fabrics and go to it knowing that some of your fellow AQG quilters are doing the same.

Following are some guidelines for the Meals on Wheels placemats AQG is gathering for December donations.



Placemats

- 12"x18" - or close
- any pattern, any colors
- any cotton fabrics (no glitter); need not be Christmas themed as the mats will be used year round
- batting should be low loft made from a natural fiber such as Warm & Natural
- can use 2 layers of WASHED cotton flannel for batting (or other durable, slightly heavier cotton fabric)
- placemats should not be "puffy" so cups and glasses will be stable on them
- for pattern ideas Google "free placemats patterns". There are quite a few, some with videos.
- placemats can be brought to donate at any AQG meeting
- a running tally will be kept and posted in the newsletters so we know how many more are needed to have one for everyone (in the neighborhood of 200)
- placemats will go to all Meals on Wheels recipients as gifts during the holiday season next Dec.

Pillowcase Sew-A-Thon



There was a good turnout at the Pillowcase Sew-A-Thon February 2nd at the Stone Brook Clubhouse. Kathy Glatz and Char Hulsabus hosted Kathy Jones, Steve and Caryl Huffman, Beth Larabee, Charlotte Menzel and two ladies from the Stone Brook neighborhood who came to help. We cut, sewed and pressed 43 really cute pillowcases that will go to children and teens through SHP and YSS. At the end of the day there were a few kits left unsewn. They will be at the February meeting for those interested to pick up, take home and finish. (Instructions will be included.) Watch for future sew-in dates for Meals on Wheels placemats and Quilts of Valor.



Sleep In Heavenly Peace (SHP)

We finished making 10 beds before the cold weather hit (our construction area is not heated) and have delivered 8. Here are pictures of the recipients who gave us permission to take pictures. We have many more applicants we'll review once we replenish bed inventory.



ALL OF THE RECIPIENTS ARE TOTALLY THANKFUL FOR THE QUILTS!!!! You can be assured that your talent and giving has landed in thankful hands We at SHP are so thankful to have you as partners in this great outreach program. Please pass this along to all your members.



We want your members to know we treat the quilts sacredly. Once received, we measure the quilts, identify them by gender, individually bag them, and inventory

them. Once an applicant is approved, we select an appropriate quilt from inventory and include it with the bed delivery and set-up. We are planning to resume bed builds starting this week, weather permitting. We plan to keep you posted as we schedule more deliveries.



Thanks, again.
Bob Olinger

We will continue to accept quilt block donations throughout 2024 For a number of great causes:

- 10.5" blocks & orphan blocks for charity quilts.
- 12.5" blocks for Quilts of Valor. No specific design, but patriotic fabric/colors would be best (RWB not required).
- 3.5" X 12.5" blocks: used to make quilts for SHP.

Keep those blocks coming!



FROM YOUR QUILTING PEEPS...



Calling for Quilts for AQG's Bed Turning

We are beginning to make plans for our April 25th Ames Quilt Guild Program: "Storytelling through a Bed Turning," which will be held at the Ames Public Library.

A bed turning is a guest event hosted by the Ames Quilt Guild during which handmade quilts of various types and sizes are "turned" from a position of repose on a bed and then walked through the audience for their viewing while the quilts' stories are told. Every quilt has a story and a bed turning reveals those stories. Phyllis Schrag

We are looking for 20 quilts from our Ames Quilt Guild members that reflect a wide variety of styles and stories.

Maybe you have a quilt with a lot of family history or one that survived a fire, or one made from double-knit fabrics that used to be your mother's clothes or one that you made while learning a new skill, such as paper-piecing or machine embroidery or a quilt that has family photos as part of it. Whatever the quilt, we want to see it; whatever the story, we want to hear it!

Please consider submitting a quilt with a story (limit of one per AQG member) by filling out an application (attached in both Word and as a PDF). Send your completed application and digital photo of the quilt electronically to kathyglatz1@gmail.com or mail the application and a photo to Kathy Glatz, 1522 Stone Brooke Rd., Ames, IA 50010.

The deadline to submit your quilt and story is **Thursday, March 15, 2024**. Once the deadline has passed, all applications will be considered and 20 will be chosen for the Bed Turning. All applicants will be notified no later than April 1, 2024, as to whether or not your quilt has been accepted for the "Storytelling through a Bed Turning."

Questions? Call Kathy Glatz at 515-451-3202 or email at kathyglatz1@gmail.com.

Quilter's Tip - Recycle

Save ALL your normally discarded fabric scraps - even the very tiniest trim slivers. If you deconstruct clothing to reuse the fabric, toss in the cuffs and collars and plackets. Even toss in your (clean) socks with holes or ratty dishcloths - any clean fabric. Take all of this in a separate bag marked "SCRAPS to RECYCLE" to Overflow in Ames. They send it to a rag recycler and make a few pennies on a pound for their charities. Be sure the bag just has fabric in it. No tissues or spools or whatever else you might toss out in your sewing room.

Submitted by: *Charlotte Menzel*

Quilt Buddies Retreat Schedule

| Month | Quilt/Craft Retreat Dates | Machine Embroidery Retreat Dates |
|-----------|---------------------------|----------------------------------|
| January | 18-20 | 22-24 |
| February | 15-17 | 19-21 |
| March | 14-16 | 18-20 |
| April | 18-20 | 22-24 |
| May | 16-18 | 20-22 |
| June | 13-15 | 17-19 |
| July | 18-20 | 22-24 |
| August | 15-17 | 19-21 |
| September | 26-28 | 23-25 |
| October | 17-19 | 21-23 |
| November | 14-16 | 18-20 |
| December | 19-21 | 16-18 |

This group meets the 3rd week of each month at the Boone Historical at the corner of 6th & Story Street in Boone. Their retreats focus on two interests: quilting/crafting and machine embroidery.

The cost is about **\$10**.

Contact Janet Lehman (515-230-3494) to learn more.

Attention AQG Members

Pick up an individual bookmark listing all of the 2024 Programs when you pay your \$40 dues at the next meeting!

AQG Program Committee: *Kathy Glatz, Gloria Sampson, Kathy Jones*

Thank You Judy Vance!

Many thanks to Judy Vance for encouraging members to share their journey to the quilting life in the AQG newsletter. Through her dedicated effort over the past two years, we've come to know our new and long time AQG members better. In Judy's own words:

"I joined the quilt guild after retiring in 2019. At my first meeting I think I knew about three people. At some point, Phyllis started putting Member Spotlights in the newsletter. At a meeting one night she mentioned that anyone could write up a spotlight and send it to her to be published. I thought to myself that, in general, people need some encouragement to submit articles, so I volunteered to spearhead this effort. My efforts involve reaching out via email and working with individuals on their stories. It's amazing how, with just about every story, I've found a connection to my own experience and learned things along the way. I've enjoyed being introduced to members and learning about their quilting journeys and I hope you have too."

Tips Welcome!

Do you have a favorite tool, technique, re-purposing trick, product or resource that improves your quilting? We want to hear about it and share it with the guild in our newsletter. Please write a brief description of your tip, include pictures if possible and send it to Pam Geringer at pdgeringer@yahoo.com. Member tips will be published in the AQG newsletter in the 2024 issues.



AQG Member Spotlight: Beth Harris

I'm married and have one son. My husband and I live north of Ames, in the Eagle Ridge housing division. I grew up in western Nebraska near Ogallala, a small cow town close to the Colorado border. (Yes, you're remembering correctly - it was the end of the Oregon Trail for all you history buffs!) I moved to Ames in 2001 and have been here ever since.

I made my first quilt when I was about 10 years of age as a 4-H project. I was just learning to sew, and something about joining fabric squares together to make patterns just appealed to me. I made a few more quilts throughout my teenage years before moving off to college and a career. Life took over and I went on a hiatus from quilting for about 25 years when I ran across an old UFO I started way back in the day before rotary cutters, tucked away in an old cedar chest. Amazingly, everything was still there so I went ahead and finished that quilt and have just kept on quilting ever since.

Quilting is my way of relaxing and being able to express myself. There are so many different styles and techniques – I am trying to learn from them all. I enjoy making my own quilt designs – for me it's the creativity of using color and shape to make secondary patterns and/or tell a story. I also really enjoy hand sewing; my next goal is to finish a quilt entirely by hand from piecing through quilting.

I'd like to say I have a plan about what I'll be doing next, but it seems that never really happens. Usually I see something in a magazine or on the internet and I think, 'that looks kinda fun', and the next thing I know I'm knee deep into my next project. I don't seem to be able to do one thing at a time either, so usually I have four or five projects going at once. Currently I'm enchanted with English paper piecing, and have been working on a couple of small projects using hexagons. I also do some hand dyeing and printing of fabric for use in my quilts when time allows, and it's been a game-changer for me. It's a lot of fun and to quote Bob Ross, there are no mistakes, just happy accidents!

I have two tips for my fellow quilters. Take classes as much as possible; either in person or on-line. Many of the on-line classes are free or very low cost, and I inevitably learn something new each time. Also, use leaders and enders. Using a small piece of scrap fabric when chain piecing to begin/end with avoids bird's nests of tangled thread underneath on your first and/or last block. It also saves a ton of thread! I saw this tip on a free online quilting class during COVID, and it's like the heavens opened up!



Congratulations to Monica Howard-Martin on her quilt show at KHOI

February is Black History Month and our own Monica Howard-Martin's unique and inspiring quilts will be hung at the KHOI Radio Station in Studio "C" for public viewing. The event is free and open to the public. At right is a recent photo of Monica as she explains her quilting passion to visitors at a similar event hosted in Creston, Iowa, last year.

You can still view Monica's quilts at Studio "C", KHOI 89.1 FM, 622 Douglas Ave, Ames, IA 50010, USA on Thursday, February 15, 2pm – 4pm and Saturday, February 17, 2pm – 4pm.



If you enjoy getting to know AQG members, please consider volunteering to coordinate Member Spotlights for the AQG Newsletter. For more information, contact Judy Vance at jmvance11@gmail.com.

THANK YOU from the Program Committee...to the following AQG members who helped distribute bookmarks with a list of this year's programs to 20 area quilt shops, quilt groups, and local businesses/events:

Amy Womeldorff, Gloria Sampson, Kathy Jones, Phyllis Schrag, Charlotte Menzel, Wanda White, Janet Lehman, Pam Geringer, & Kathy Glatz.



Please take advantage of our lending library.

There are so many great books with ideas, patterns, & interesting concepts for quilters.

Ames Quilt Guild Meeting Minutes

January 25, 2024

Ames Quilt Guild – January 25, 2024 – Meeting Minutes

President Joanne Kerton called the meeting to order at 7:30 pm, following the presentation by Mischelle Hardy (owner of Sew Be It – Jewell, Iowa)

Joanne welcomed 39 members, 4 new members, and 3 guests to the Guild.

Committee reports:

Program Committee: Kathy Glatz stated that the Program Bookmarks have been distributed to many of the quilt shops in the Ames area. She encouraged members to assist in distributing these bookmarks to other businesses, such as JoAnn Fabrics, Hobby Lobby, etc. In February, Susan Fraser will present the program on Solving Quilt Math Problems. Kathy Glatz will also present information regarding the Accuquilt dye-cutter. The April meeting will be Guest Night and the meeting will be held at the Ames Public Library. Phyllis Schrag will present the program entitled “Storytelling through a bed turning”.

Service Committee: Janell Eby stated the next service project will be making placemats to be donated to Meals on Wheels. The placemats should be a 12” x 18” rectangle. Please use flannel (washed first) fabric for the batting. Finished placemats can be turned in at any meeting, but the project will conclude at the October meeting. A monthly count will be noted in the newsletter. The Committee has also researched other organizations that are willing to accept donated quilts. Individuals may donate to any of these organizations at any time, however, the Guild will highlight a particular organization for a group donation. There is 16+ organizations listed on the Ames Quilt Guild Website if you are interested in personally donating. The Committee will also continue collecting orphan blocks, 10 ½” blocks, Quilt of Valor Blocks, and 3 ½” x 12 ½” blocks. The collection of toiletries will also continue along with the “free table. At the end of the meeting any items left on the “free” table (except for fabric) will be donated to Overflow. The fabric will be given to one of the small quilt groups.

February 2nd there will be a “Sew-In” at the Stonebrook Club house. This event will be making pillowcases to be given to Sleep in Heavenly Peace and YSS. Please bring your sewing machine, if you plan to sew. Other items, such as iron, ironing board, cutters will be provided. For more details see the Website.

Newsletter Committee: Pam Geringer thanked the website committee for their assistance in getting the Newsletter posted on the website. Pam also thanked all those individuals that provided information for the January Newsletter. If you have any good quilting tips or tricks, please send them to Pam to place in future Newsletters.

Small Groups: Kate Hardy asks for each small quilt group to jot down information regarding their group and send it to her. If you have an idea for a new small quilt group, also send those to Kate. Small quilt groups are a great way to meet other members of the AQG.

Joanne stated that there is a lot of information on the AGQ Website (Amesquiltguild.org) There is also a “members-only” section that is password protected. This site contains the membership list. Please do not share the password or membership list with any non-members.

Joanne stated that starting next month (and every month following) there will be a jar on the sign-in table for members to place their discarded sharp items (needles, pins, rotary blades, etc.) The City of Ames has requested that no sharp items be placed in garbage bags. Joanne will be responsible for delivering the “sharps-jar” to the Ames Recovery Center. Thank you for your help and keeping the Ames City employees safe.

Joanne presented the projected budget for 2024. It is proposed that from membership we will have \$3,300, however, costs for programs are \$4,050.

It has been suggested that the Guild see if there are any grants that could be applied for to help with the cost for charity quilt projects. Some members have reached out to companies for donations of batting. These companies were reluctant to donate but would offer to provide samples.

New Business:

Phyllis Schrag stated that Monica Howard-Martin will be featured at the KHOI Radio with a display of her quilts in honor of Black History Month. A meet and greet will be held at the KHOI building on Sunday, February 11 at 2 pm. This is a free event and Phyllis encouraged everyone to attend. Public viewing of these quilts will be held on Thursday, Friday, and Saturday (2-4 pm) from February 8-24th. Phyllis asked for volunteers to host these public viewing sessions. An information flyer which includes an electronic volunteer sign-up has been distributed to the membership via e-mail.

Ames Quilt Guild Meeting Minutes (cont)

January 25, 2024

Susan Fraser asked for any ideas on the types of quilt math problems you would like help with solving. She will try to incorporate them into her presentation.

Joanne asked for a volunteer to attend to the AQG Library. The job would entail tidying up the collection and keeping an inventory of the collection. If interested, please contact Joanne.

Janet Lehman invited members of the AGQ to the Quilt Buddies. This group meets the 3rd week of each month at the Boone Historical building (across from the Dutch Oven Bakery) at the corner of 6th and Story Street in Boone. There are two groups: the first group meets Monday-Wednesday and is exclusive to those doing machine embroidery. The Thursday-Saturday group works on Any Craft of your choosing. The cost is about \$10 for the entire time. There are no stairs, and you can leave your machine at the site during these days. Each person can have (or share) an 8-foot table. There is also a refrigerator if you wish to bring food/snacks for the day(s). If you have any other questions regarding Quilt Buddies, please contact Janet Lehman.

Show and tell followed.

Meeting was adjourned at 8:15 pm

Respectfully submitted.

Sandy Popelka

Ames Quilt Guild Treasurer's Report

| | | | | |
|---|--------------------|-----------------|---------------|------------------|
| Checkbook balance as of 12/31/2023 \$ 3,726.50 | | | | |
| January 2024 Summary | | Year to | % of | Full Year |
| Income: | | Date | Budget | Budget |
| Membership | \$ 1,640.00 | \$ 1,640 | 59% | \$ 2,800 |
| Donation | \$ 620.00 | \$ 620 | | \$ - |
| Program/Education (Retreat) | \$ - | \$ - | | \$ - |
| Fundraising (Fabric Sale) | \$ - | \$ - | 0% | \$ 500 |
| Total Income | \$ 2,260.00 | \$ 2,260 | 68% | \$ 3,300 |
| Expense: | | | | |
| Hospitality | \$ - | \$ - | 0% | \$ 75 |
| Membership | \$ - | \$ - | 0% | \$ 50 |
| Program/Education | \$ 179.48 | \$ 179 | 7% | \$ 2,500 |
| Room Rental | \$ - | \$ - | 0% | \$ 825 |
| Service | \$ - | \$ - | 0% | \$ 500 |
| Web Site | \$ - | \$ - | 0% | \$ 100 |
| Total Exp | \$ 179.48 | \$ 179 | 4% | \$ 4,050 |
| Net Income (Loss) | \$ 2,080.52 | \$ 2,081 | | \$ (750) |
| Checkbook balance as of 1/31/2024 \$ 5,807.02 | | | | |