

Volume 1/Issue 8
August 2022

Ames Quilt Guild



Executive Board 2022

President—**Phyllis Schrag**,
phyllis_schrag@mediacommbb.net

Vice-President—**Kathy Jones**;
kmjones@iastate.edu

Secretary—**Shawna Saad**,
ssaad@iastate.edu

Treasurer—**Kate Hardy**,
khardyquilt@gmail.com

Committees 2022

Projects and Activities

Sheila Arney
Ramona Tapper

Communications

Kathy Jones-Facebook
Sharon Boen-Email
Blasts

Kathy Glatz-Monthly
Newsletter

Steve Huffman-Web
Master, Sound

Hospitality

Barb Holst

Programs & Education

Betty Baker
Gloria Sampson, Asst.

Service

Looking for a chairperson
Kathy Glatz
Char Hulsebus

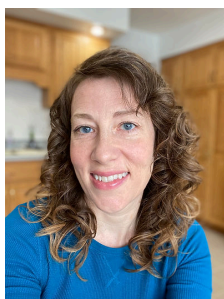
Membership

Marge Fitzgerald
Susan Fraser

Newsletter

Submissions—due the
10th of each month;
email to
kathyglatz1@gmail.com

Tips for Preparing Your Quilt for the Longarm Quilter



Thursday, Aug. 25
Ames Quilt Guild
Program

Presenter: **Emily Vardeman**

Hello! My name is Emily Vardeman, and I live in central Iowa. I first started quilting in 2010 after my mother-in-law offered to teach me. After that first quilt, I was hooked and discovered other quilters online who also love bright colors and modern styles as well as the work of quilters from the past. I have since made a lot of quilts for friends and family.

I have also designed a quilt pattern that was published in *American Patchwork and Quilting* magazine.

Now I'm so excited to be helping others finish their quilts and getting to know other quilters and their stories. There are so many different personalities and expressions of creativity and love for others among quilters. It gives me joy to get to know them and be a part of the quilt making process with them.

Come to the Ames Quilt Guild on Thursday, August 25 where I will explain how to prepare your quilt for the best results when you send your quilt to a Longarm quilter. You can find more information on my website <https://www.shortstorylongarm.com/>

to
Sheila Arney,
Ramona Tapper,
Jan Alvestad
and **Kay Wessman**
for providing
our delicious
snacks at the
July meeting



August snack
providers will be

Gloria Sampson
Carolyn Maybee
Pam Geringer
Debra Dickerson

Monthly Meetings

Held the 4th Thursday
First United
Methodist Church
516 Kellogg
Ames, Iowa

6pm
Social w/Snacks

6:30pm
Meeting

Mask use is at the
discretion of those
attending AQG
meetings.

"Quilters are
not greedy.
They are just
materialistic."

— Unknown

President's Corner

I am so grateful for those who volunteer their time and talents to make the work of the Ames Quilt Guild run so smoothly. In Kathy Glatz's absence, I attempted to put together the July newsletter. Most of it went well except for Sheryl Soden's Member Spotlight. I thought I knew how to merge photo into text, but sadly some of her good words were lost or cut off in the wrong places. I apologize. To remedy that, you will find her spotlight in its entirety in this August issue. *Phyllis*



Orphan Block Request

Do you have some blocks that just didn't make it into the quilt? Or a "test" block you tried just to see if you wanted to make an entire quilt with that design? Those are known as "orphan blocks". Your Ames Quilt Guild is requesting donations of your orphan blocks. Those quilts blocks will be put together in attractive ways to make quilts for charity. This is an on-going project, as you find those orphans, let's give them a home with a family of other blocks. Here is an example:



Treasurer's Report

Current Balance

\$3921.80

Des Moines Quilt Show

Dates, Times &

Ticket Information

The show is Sept. 22-24, 2022 in the Rastetter 4-H Building at the Iowa State Fair Grounds.

Show hours are Thurs. and Fri., 9am-6pm and Sat., 9am-5pm. Tickets are \$10/day at the door. Advance tickets are \$8/day or \$20 for a three-day pass.

Advanced tickets may be purchased

at [Iowa State Fairgrounds | Quilt Show](#).



Ames Quilt Guild Member Spotlight

Sheryl Soden

My name is Sheryl Soden, and I'm originally from the NW town of Algona. I graduated from Bishop Garrigan HS, too many years ago to remember. My parents farmed there, and it was a great place to grow up. My brother still lives on the home place, and I truly enjoy going back to visit. Early in my working career, I bummed around various places in the country, working in Des Moines, then Colorado. I got married and lived in Michigan for 13 years before landing in Ames and working at ISU for 21yrs. I spent six years at Vet Med and the rest at the Registrar's Office.

I sewed in my younger years, belonged to 4H, and did some sewing for my kids when they were little. I also made most of my maternity clothes – certainly not hard with no fitting to get right! I started quilting when I worked at the Registrar's office. A group of us gals started out with small projects and went from there. I was hooked! I find quilting keeps me out of the refrigerator! I love the creative side of quilting: picking out the pattern, then the material, having a vision of what I want and making it. This is a picture of my first real big project - I was too naive to go small! I jumped in with both feet on this one and my seam ripper was my favorite friend. By some miracle, it came out pretty good, so I entered it at Reiman Gardens in 2012 and got a red ribbon for it. What a surprise! It is still my favorite quilt. I love the colors. It is currently on my bed and will stay there.



I always say quilts are like my kids, they have to go to a good home. I try to fit the "give aways" with the right home because I can't keep them all. Most of my friends and family have already received one of my quilts, whether they really wanted one or not. Most of them love these quilts, and I have fun giving them as gifts, graduation presents or wedding gifts. I also do cross-stitch baby quilts and feel every baby deserves a quilt. I quilt during the day and cross-stitch at night in front of the TV. Surprising what you can get done in a couple of hours of worthless TV!

I belong to Block Builders at ISU Women's Club and have met some great gals and learned a lot. Just like cooking, there's always something new to learn. So, I will continue to quilt and enjoy sitting down on a cold day, warm inside and just sew away to my heart's content. I found my calling!

2023 Programs

Our programs chair, Betty Baker, is organizing a fantastic slate of speakers for AQG 2023. Some of those speakers will be local quilters, others will be nationally known speakers. At this writing and to be cost effective, the nationally known speakers will be available to our group at the meeting via a ZOOM™ link which we will watch together as though the speaker was there in person. Some of those speakers offer workshops for an additional fee.

Are you a workshop enthusiast? If so, Betty needs to know so she can arrange for the workshop to take place. Workshops will be an item of new business at the August meeting.

Ames Quilt Guild Meeting Minutes—July 28, 2022

Welcome

Meeting called to order at 6:30 p.m. by President Phyllis Schrag.

Announcements

Members were reminded to wear name badges to meetings to help with name recognition.
Door prizes were awarded to Jan Alvestad, Barb Holst, Debra Dickerson and Jannet Pruitt.
No other announcements.

Old Business.

Approval of the June 2022 minutes, printed in newsletter.

Meeting date corrected to June 23. The minutes were then approved as corrected.

Treasurer's report. Approved as printed in the newsletter

Committee reports

Activities/Projects (Sheila Arney, Ramona Tapper)

Baby quilts will be collected at September meeting and given to NICU. Size range – 36 x 36 up to 40 x 40. Cotton fabric (woven or flannel), no sparkles, no Minkee, no buttons.

Hospitality (Barb Holst)

The sign-up sheet for future meeting treats was distributed.

Membership (Marge Fitzgerald, Susan Fraser)

Attendance tonight - 28 members including 1 new member. No guests.

Communication {Kathy Glatz (newsletter), Steve Huffman (website), Kathy Jones (Facebook)}

No update.

Hospitality (Barb Holst)

No update.

Programs (Betty Baker)

No update.

Small Groups (Marge Fitzgerald)

No update.

Sound Support (Steve Huffman)

No update.

Service (Char Hulsebus and Kathy Glatz)

No update.

Program –

Joanne Kerton displayed her quilts to illustrate that there is more than one way to quilt a quilt. Most of her quilts were her own designs, and she discussed the many choices that need to be made when deciding how to finish a quilt. She talked about the importance of thread choice as a design element, and the many different methods for quilting including hand quilting, tie quilting, walking foot quilting, outline quilting, and free motion quilting. For more information and quilt examples, go to her blog at www.canuckquilter.com or her Etsy shop at <https://www.etsy.com/shop/CanuckQuilterDesigns>

Minutes taken by Kathy Jones, Secretary for the Day

Name Tag Please

You may use anything to help us know who you are at meetings. But we prefer a name tag. If you are like me, I know people by sight, but often cannot quickly say their name. Also, for new or recent AQG members, name tags make all the difference in that person feeling welcome. We want to be inclusive to all quilt makers no matter their skill level. So, here is a pattern to use, <https://www.youtube.com/watch?v=udb-KUgtiSo> if you want to make your own.



There are many other examples available. Just use your favorite search engine. If you already have an orphan block, just put your name on it with a permanent marker, put a safety pin on the back side, and you have your own personalized name tag. Be sure to put your last name on it as well. There may be more than one person with your same first name.

Win a Chance at a \$10 Hy-Vee Gift Card!

Whittle down your scraps by making these scrappy rectangles that measure 3.5 x 12.5". The plan is to start with color-fast **red** scraps to make the rectangles. These are "crazy" quilt-like rectangles which may be foundation pieced on muslin or ugly fabric you want to use up; or just piece the scraps together and cut to size. The quilt pictured here is the final product. **Please bring your scrappy rectangles to each meeting until further notice. For every 5 rectangles you donate, your name will be put in a drawing for a \$10.00 Hy-Vee gift card. Bring them to the August 25th meeting and all other future meetings. The goal is that first drawing will be held at the September 22 meeting.** We want to make the quilt in the photo shown here and give our quilt away to a group called SLEEP IN HEAVENLY PEACE. You can learn about them by checking out their website SHPBEDS.ORG. Because they make bunk beds for those in need, they require twin size 60x80 or 72x90 bed quilts, some with kid friendly themes and some with teen themes, or just colorful and fun.



The quilt we want to make, pictured here is by Victoria Findlay Wolfe, who is an award-winning quilter, international teacher, lecturer, and author. Victoria also designs for Marcus Fabrics and markets her own acrylic templates. She lives in New York City with her family.