

Executive Board 2023

President—Phyllis Schrag,
phyllis_schrag@mediacombb.net

Vice-President—Kathy Jones;
kmjones@iastate.edu

Secretary—Shawna Saad,
ssaad@iastate.edu

Treasurer—Kate Hardy,
khardyquilt@gmail.com

Congrats to Dorothy Faidley for FOUR decades of service as the Superintendent of Fabrics at the Iowa State Fair! 40 YEARS!!!

Governor Kim Reynolds's X account:
7:29 PM · Aug 19, 2022



2000 Quilts Later Dorothy Faidley

Come to the September 28, AQG meeting to learn the history of Fabric and Threads at the Iowa State Fair, the judging process, and opportunities for entering your handiwork. Guest speaker, Dorothy Faidley, will address how to enter your quilt, special awards available, and she will answer questions from those who attend.

Dorothy is from central Iowa; she recently completed 40 years as Iowa State Fair superintendent of Fabric and Threads. As a former registered nurse, she retired from Iowa Lutheran Hospital after working with psychiatric clients on in-patient units, in their homes, and an intensive outpatient program. Dorothy has been sewing since age ten, and has three grown children all of whom have helped with Fabric and Threads in some capacity over the years. Her quilting began in 1992 when her son asked her to make him a quilt.

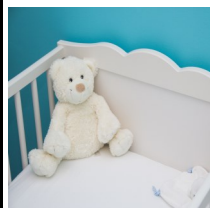
She may bring a few of the "Quilt Blocks of Iowa State Fair" books if any inventory remains. It features quilt blocks representing Iowa's 99 counties and sells for \$20.00.

State Fair Quilt Entries Requested

Because we have an Iowa State Fair speaker on September 22, the Program Committee asks that for Show-and-Tell please bring your state fair quilt submissions and ribbons you may have received. AQG members would love to see your work no matter how recently shown! Don't be bashful about showing your good work.



We are Expecting Delivery at the September meeting.



Baby quilts should be pieced, quilted, and bound.

For Mary Greeley Hospital NICU

Best size	36" x 40"
No smaller than	36" x 36"
No larger than	40" x 45"

Thank you for the delicious snacks at the August meeting:

Donna Buchwald
Beth Harris
Barb Hedberg
Barb Holst



Snack Providers for the September meeting are:

Pam Geringer
Char Hulsebus
Joanne Kerton
Jane Montgomery

Monthly Meetings

Held the 4th Thursday
First United Methodist
Church
516 Kellogg
Ames, Iowa
(except Nov./Dec.)

**6:00 pm
Social w/Snacks
6:30pm
Meeting**

Mask use at the discretion of attendees.

Reminder: Wear a name tag, check out the library, and bring something for Show & Tell.

Committees 2023

Projects and Activities

Sheila Arney
Ramona Tapper

Communications

Kathy Jones-Facebook
Sharon Boen-Email Blasts
Pam Geringer-Newsletter
Coordinator
Steve Huffman-Web
Master, Sound

Hospitality

Barb Holst

Programs & Education

Kathy Glatz
Kathy Jones
Gloria Sampson

Membership

Marge Fitzgerald
Susan Fraser

Small Groups

Marge Fitzgerald

Newsletter Submissions

Due the 10th of each month;
email to
Phyllis Schrag,
phyllis_schrag@mediacombb.net.

**Ames Quilt Guild
Yearly Dues
renewed in January
\$40.**

Dues are \$20 for those who join after July.



Giving

Sleep In Heavenly Peace
Orphan Blocks
Orphan Grain Train
Quilts of Valor



Bob Olinger, whose last name is pronounced with a long “O” sound, is the Ames chapter leader for Sleep In Heavenly Peace™. This is the organization we quilters have been supporting by donating our charity quilts to the Des Moines chapter. Now, we have our very own non-profit with a Facebook presence <https://www.facebook.com/SHPAmes>. Bob was an impromptu guest at the August 24, AQG meeting. He was introduced, and he explained that as a recent retiree, he wanted to do something worthwhile. He became aware of SHP from a TV story and knew that right here in Ames, Iowa, there is a great need for beds for kids ages 7-17. SHP’s motto is, “No Kid Sleeps on the Floor In Our Town!”

As the chapter begins its mission of building beds, many volunteers will be needed. He assured us that no experience is needed, and that training is provided. A SHP brochure was provided at the meeting. From the back page, under the title “How Can I Help” it states, “Every bed we build is handcrafted and constructed by volunteers willing to donate their time to help children in their community, funded by the generous donations of many. The joy that comes from delivering our beds to a child that otherwise doesn’t have one is a life-changing adventure that our volunteers and sponsors can experience firsthand. Visit our website or give us a call and find out how you can donate, volunteer or host a Build Day”.

After Olinger introduced himself, we held our “Show and Tell”. Pictured here is Bob with two stacks of completed quilts that Alice McGary assisted in getting to his car. Additionally, all the quilts pieced, quilted, labeled and bound from the July “Sew-In” that had been stored at AQG President Schrag’s home, were unloaded from her trunk, back seat, and front seat into Olinger’s car. Even Schrag’s sister-in-law, from Custer, SD, cleaned up her stash and made 6 quilts for the cause.



We learned from Olinger, that the best size for all kids to grow into, and that fit the beds the best, should measure 70”x90”. That is a change from what was earlier announced. However, smaller quilts will be used for the kids in the recipient’s family who are not age eligible, but would benefit from a smaller lap quilt.

Our quilts are often decidedly girly-girl, and boy-boy, but some quilts are definitely gender neutral. We still are asked to stay away from using too much white in a quilt because laundering the quilt may not be possible for that family.

How can you help? Monetary donations for materials are always welcome. In addition to all the steps in getting a quilt together, please help get the word out to your church, civic organization, home owner’s association, book club, social group, family, neighbors, and friends. The old adage, “Many Hands Make Light Work” surely applies here, and we at AQG have pledged our support to Bob Olinger and Ames SHP. If you wish to donate or volunteer, contact Bob directly at 515.291.1258 or bob.olinger@shpbeds.org. If you know of a group that needs a speaker, Bob is available to speak at local civic minded groups.

Sheets Sets & Pillows for SHP

Someone in the AQG asked about donating bed linens to Sleep in Heavenly Peace. They are able to accept NEW twin size sheet sets and pillows. However, they must be in their original packaging.



We will continue to accept quilt block donations throughout 2023

Keep those blocks coming for a number of great causes:

- ◆ 10.5” blocks & orphan blocks for charity quilts.
- ◆ 12.5” blocks for Quilts of Valor. No specific design, but patriotic fabric/colors would be best (though not necessarily just RWB).
- ◆ 3.5” X 12.5” blocks used to make quilts for Sleep in Heavenly Peace.



Save those toiletries for YSS Donations

2023 AQG Programs

Sept. 28, 2023
2000 Quilts Later
Dorothy Faidley

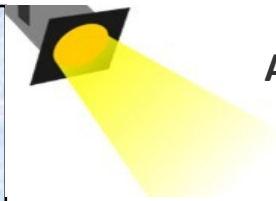
Oct. 26, 2023
What is a Modern Quilt?
The Myths and the Magic
Carole Lyles Shaw
(ZOOM Presentation)

Dec. 7, 2023
Holiday Potluck & Fun

Interesting and fun programs are being planned for 2024!

PLEASE TAKE ADVANTAGE OF OUR LENDING LIBRARY.

THERE ARE SO MANY GREAT-BOOKS WITH PATTERNS, IDEAS, AND INTERESTING CONCEPTS FOR QUILTERS TO USE.



AQG New Member Spotlight

Lisa Nalean

I'm a returning member to the Ames Quilt Guild. I live in Boone. I have 2 living children and 2 living grandchildren.

I started quilting in the 1970's. I made my first quilt for my sister's church. It hung in the church for many years. Since then I've made many quilts for myself, family, friends and charities. Quilting is my way to relax and I especially enjoy being creative with the fabrics and patterns. The charities I usually donate to are Make-A-Wish Iowa and other local charities. I love Kansas Troubles fabric and also bright colors. I make lots of queen sized quilts and many small projects. I donate fabric coasters to many causes.



I really enjoy having fun with friends quilting at retreats. I go to retreats around Iowa and Minnesota. It is so fun. I also belong to a quilting/embroidery group that meets each month.

My quilting tip to share is to have fun and treasure the friendships you develop through your craft.

Lost and Found

Are you missing a sewing machine gadget. This item was found on the floor at our last AQG meeting. Call 515.337.1713 if it is your missing gadget.



"I've spent most of my life making quilts. The rest I've just wasted."

2023 AQG Special Events

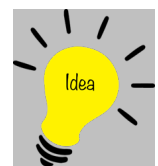
Details to be announced in newsletter articles.

Sept. 15, 2023,
9am-8pm

Sept. 16, 2023,
9am-5pm

AQG Retreat
Mended Hearts
Quilt Shop
(Ellsworth, IA)

October 13, 2023
9am-3pm
Tour of ISU's Apparel, Events, Hospitality and Management Dept.
(ISU)



Have an idea for an AQG Program?

Send it to:
Kathy Glatz,
kathyglatz1@gmail.com

Treasurer's Report

August 2023
Balance Forward:
\$5,598.39
Income: \$420.00
Expenses: -\$241.00
Ending Balance:
\$5,777.39

Current Events

CROSSROADS

Group Exhibition by
Central Iowa Textile Artists
September 5th – September
30th
Octagon Community Gallery
<https://octagonarts.org/>

KAFFE FASSETT: 85 AND FABULOUS

September 12 – December 10
Iowa Quilt Museum
68 E. Court Avenue,
Winterset, IA 50273
515.462.5988
director@iowaquiltmuseum.org

DMAQG ANNUAL QUILT SHOW

September 21 - 23
9 AM -5 PM
4-H Building, Iowa State Fair
Grounds, Des Moines, IA
3000 East Grand Avenue, Des
Moines, Iowa, 50317
<https://dmaqg.org/quilt-show/>

52ND ANNUAL OCTA- GON ART FESTIVAL!

September 24, 2023
10 am – 4 pm
Downtown Ames

AQS QUILT WEEK

September 27—30
Admission: \$15/1-day
Iowa Events Center
730 3rd St.
Des Moines, IA 50309
[https://www.americanquilter.com/
quiltweek/des-moines-2023/des-moines-
2023-admission/](https://www.americanquilter.com/quiltweek/des-moines-2023/des-moines-2023-admission/)

STITCHING FOR A CURE FOR CANCER QUILT SHOW

October 12, 2023
Grundy Center Woman's Club
Methodist Church,
707 6th St.,
Grundy Center, IA
319-239-9955
mschmidt9955@gmail.com
In Conjunction with the
Girls Night Out event in down-
town Grundy Center
[https://www.grundycentercms.org/
events-1/girls-night-out-3](https://www.grundycentercms.org/events-1/girls-night-out-3)

Department of Apparel, Events, and Hospitality Management (AESHM) Tour

Friday, October 13, 9am-3pm

A joint event for

Ames Quilt Guild and ISU Women's Club Block Builders

The ISU Department of Apparel, Events and Hospitality Management (AESHM) is inviting members of Ames Quilt Guild and/or ISU Block Builders visit their department for a day of learning on **Friday, October 13th**.

Here is the day's schedule:

- 9:30 am Introduction/Arrivals
- 10:15 am Greeting by AESHM Department Chair Dr. Linda Niehm
- 10:30 am Lecture on Current Textiles by Dr. Rui Li and Dr. Chunhui Xiang
- 1:30 am Free lunch at the Joan Bice Underwood Tearoom (a restaurant/classroom teaching operation within the hospitality management program, located in MacKay Hall).
- 1-1:45pm Blocks 1, 2 and 3-- the group will divide into 3 smaller groups and then cycle
- 1:45-2:30pm Through the Textile Museum (which has archives of past ISU Fashion Shows)
- 2:30-3:15pm The 3D Scanner and DATS Lab (short for Digital Apparel and Textiles Studio, where students work on their designs using donated fabric), and the Comfort and Hazard Labs (which will cover layering fabrics such as quilts, and protective textiles)
- 3:30pm Possible Optional Tour of the Student Innovation Center (still working out details)
- Maker Space: Electronics, Textiles, and 3-D Printing Shop offers an extensive range of fabrication equipment, including sewing machines, a loom, two knitting machines, laser cutters, embroidery machines, and more
- Store and Coffee Shop—totally student run, has ISU Ice Cream and Student Designs for sale

A sign-up sheet will be passed around at the September AQQ meeting; please indicate if you have any dietary restrictions (vegetarian, allergic to gluten, etc.) as the menu at the Tea Room is limited. If you are unable to attend the Sept. meeting, but wish **to sign up, please contact me, Kathy Glatz, at kathyglatz1@gmail.com**. (We are hoping for a total of around 50 participants between the two groups.)

The deadline for signing up for this tour is Thursday, October 5th, or before if we reach 50 participants.

Once the deadline is past, I, (Kathy) will be sending an email to all who registered with the finalized schedule, parking, and where to meet.

TIP CORNER

WATCH YOUR FEET!



{E} Pin Tuck foot:



Application: The grooves underneath allow multiple pin tucks to be sewn. There are a few variations available from 5 to 7. It is used in combination with twin needles.

{F} Hemming stitching foot:

Application: Used for decorative hemming, heirloom stitching and sewing lace. It can also be known as Embroidery foot: The clear plastic front with a groove underneath will create a shallow tunnel that permits dense stitching to pass easily underneath the foot.

Tips Welcome!

Do you have a favorite tool, technique, re-purposing trick, product or resource that improves your quilting? We want to hear about it and share it with the guild in our newsletter. Please write a brief description of your tip, include pictures if possible and send it to Phyllis Schrag at phyllis_schrag@mediacombb.net. Member tips will be published in the AQG newsletter in January 2024.

President's Corner



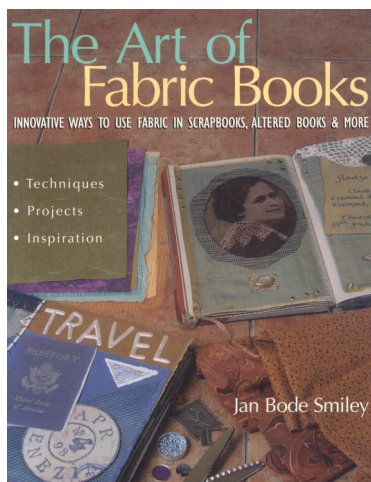
One of the great joys of being your President is seeing how our organization has grown. Not only in numbers, from 22 early on to now 65 as of our last meeting, but also in our goals. We have strengthened our committees with strong leaders who have been diligent in taking care of our basic meeting needs, from snacks to set up; from programs to charity quilts; from special projects to communications internally as well as externally. I am so very grateful to all of our committee chairs and their members. We have a very fine organization, and I feel confident that our future is very bright.

Looking ahead to our last 3 meetings of the year, I ask for your continued participation. New committee chairs will be announced at the September meeting as well as a slate of officers to be voted on in October.

The November/December meeting is combined due to Thanksgiving falling on our November meeting date. Details for the potluck December 7 are forthcoming. At that meeting, I request that all former committee chairs meet and sit with their new committee chairs for the exchange of information pertinent to that committee as well as the handing over of any materials, lists, and advice helpful to the new chair.

Thank you all for stepping up and strengthening an already powerful, dynamic, and enthusiastic membership.

From the Quilting Bookworm



When most of us think of working with fabric, the images that first come to mind are of choosing a pattern and selecting suitable fabrics, quickly followed by cutting and sewing fabric pieces into either a flat surface (quilt,) or a 3D item (usually a garment). However, there are many other things that can be done with fabric, and in *The Art of the Fabric Book*, Jan Bode Smiley shows us how. Fabrics can be glued, stitched, folded and punched into scrap books, altered books and tags. They can be combined with photos, fancy papers and ephemera. They can be layered, painted, stamped and/or embroidered. Ms Smiley provides detailed instructions for many techniques. Did you know that a computer printer can be used to make personalized twill tape? Ms Smiley has also included detailed supply descriptions and lists of suppliers. The book is full of wonderful images of elaborate photo frames, folded books, etc. Then there are the amazing memory books, everything from modern books with abstract images to lace-trimmed shadow box "books" with working zippers. Looking to expand your fabric horizons? Check this book out of the guild library.

Until next time- QB.

AQG MEMBERS CREATE, TEACH, SHARE & GIVE JOY

Help Someone Preserve Memories in a Quilt

Sometimes the Ames Quilt Guild gets a request to make a memory quilt. Often it is from favorite baby clothes, and it can be from the shirts, blouses, and favorite tee-shirts of a deceased loved one. If you are a person who is interested in making such a quilt for hire, please let AQG President, Phyllis Schrag know. She will keep a running list of interested persons whom a customer may contact. You may, at the time of the contact, negotiate the time, cost, and other details. Rest assured the list will not be published or otherwise given out unless we are directed to do so.



Hand Quilters – This is for You!



Do you like to hand quilt? Do you want to join a group who is doing just that? Or, do you have a quilt that you'd pay to have hand quilted? Bethany Life Hand Quilters is a small group that quilts the old-fashioned way, by hand! They meet each Tuesday at St. Petri Church, Story City. They are looking for more hand quilters to join them. Also, if you are interested in hiring that group to hand quilt your quilt, they are interested and available. The money made from their hand quilting goes directly toward wish list items at Bethany Life. For more information, contact Maripat Higgins, at [515-388-4031](tel:515-388-4031).

Quilt Making Guidelines for SHP

submitted by Barb Hedberg

This sample planning guide is just that, a guide to help you prepare for making and donating quilts.

Quilt Requirements

- Size between 50" to 60" wide and 75" to 90" long.
- Simple quilt designs.
- Colors that appeal to kids and young adults from 7 to 17 years of age.
- No religious or holiday themed fabrics.
- Quilted. Simple all-over quilting is recommended.
- Machine bound is preferred.
- No buttons or glued on embellishments.

Good information to know!



Dignity of Earth and Sky is a soaring sculpture of a native woman standing high on a bluff above the Missouri River. The starquilt is made of 128 diamonds in the colors of the water and sky that surround her. Dignity is 50' tall, weighs 12 tons, and is made of hundreds of pieces of stainless steel. Dignity honors the Native Nations of the Great Plains. Dignity of Earth and Sky began in 2015 and was dedicated September 17, 2016.

*"My intent is for the sculpture to stand as an enduring symbol of our shared belief that all here are sacred and in a sacred place."
- Dale Claude Lamphere*

<https://www.lampherestudio.com/dignity> — <https://www.facebook.com/DignitySculpture>

Ames Quilt Guild Meeting Minutes
August 24, 2023
First United Methodist Church, Ames

Welcome: Meeting called to order at 6:30PM.

Announcements

Bob Olinger shared the news that an Ames chapter of Sleep in Heavenly Peace is opening. He shared information about this organization and received many donated quilts during his visit. They will continue to welcome quilt donations (70" X 90" is the recommended size), but there are additional ways to support this chapter. Visit www.facebook.com/SHPAmes/ to learn more.

Bethany Life in Story City is seeking volunteers to do hand quilting. You can learn more about Bethany Life Volunteers at <https://www.facebook.com/www.bethanylife.org/>.

Old Business

July meeting minutes stand as approved with no recommended changes.

The Treasurer's report was approved as provided.

There was a total of 43 attendees at the August meeting, including 3 new members.

New Business

Programs and Education Committee Report

There are still openings for the quilting retreat scheduled for September 15th and 16th, 9AM – 5PM at Mended Hearts quilt shop in Ellsworth Iowa. As a reminder, the cost is \$30 per day. Contact Gloria Sampson if you have questions.

There has been a change in the program for the September meeting. Dorothy Faidley will talk about her experience at the Iowa State Fair as the superintendent of fabrics and threads. For show-and-tell please bring your state fair quilt submissions and ribbons you may have received. The group would love to see your work no matter how recently shown!

On October 13th, 9AM – 3PM, take a tour of ISU's Apparel, Events, Hospitality and Management Department.

Projects and Activities Committee Report

Just a reminder to those having a baby, that the baby quilts are due at the September meeting. Quilts will be donated to the NICU.

Hospitality

Snack sign-up needed for October. Contact Barb Holst.

Program

The August program was a presentation by Laura Anspach titled How Colors Affect You, What Science Reveals.