



Executive Board 2023

President—Phyllis Schrag,
phyllis_schrag@mediacombb.net

Vice-President—Kathy Jones;
kmjones@iastate.edu

Secretary—Shawna Saad,
ssaad@iastate.edu

Treasurer—Kate Hardy,
khardyquilt@gmail.com



Tee-shirts and Bags

Sheila Arney & Ramona Tapper

Sheila Arney and Ramona Tapper are sisters who have been responsible for our guild projects and challenges for the past several years. Their creative minds have encouraged us to stretch ourselves with projects from using focus fabric, to magazine patterns, to quilts for NICU, to stockings for those in military service. (See "Did You Know" story on the giving page). They credit their mother who was an excellent seamstress for their sewing interest. As they morphed into adults, their love for sewing only intensified. As the sisters got more involved in the quilting world, they both branched out into different areas. Sheila pursued the quilting end and purchased a longarm. Ramona pursued embroidery design and other areas of sewing. Along the way, they began making tee-shirt quilts and turned that into a small business. In their June 22 program, Sheila will talk about tee-shirts quilts, and Ramona will talk about how she got started making bags. They will show some tee-shirt quilts and an assortment of bags that used the byannie.com patterns. It promises to be an interesting and informative program.

Thank you for the delicious snacks at the May meeting:

Shari Hager
Barb Holst
Judy Vance



Snack Providers for the June meeting are:

Jane Eby
Carol Elbert
Pam Geringer
Marge Kaleita

Monthly Meetings

Held the 4th Thursday
First United Methodist
Church
516 Kellogg
Ames, Iowa
(except Nov./Dec.)

6:00 pm
Social w/Snacks
6:30pm
Meeting

Mask use at the discretion of attendees.

Reminder: Wear a name tag, check out the library, and bring something for Show & Tell.

Ames Quilt Guild
Yearly Dues
renewed in January
\$40.

Dues are \$20 for those who join after July.

Committees 2023

Projects and Activities

Sheila Arney
Ramona Tapper

Communications

Kathy Jones-Facebook
Sharon Boen-Email Blasts
Pam Geringer-Newsletter
Coordinator
Steve Huffman-Web
Master, Sound

Hospitality

Barb Holst

Programs & Education

Kathy Glatz
Kathy Jones
Gloria Sampson

Membership

Marge Fitzgerald
Susan Fraser

Small Groups

Marge Fitzgerald

Newsletter Submissions

Due the 10th of each month;
email to
Phyllis Schrag,
phyllis_schrag@mediacombb.net.

MALL IN THE HALL - JUNE 22

UNITED METHODIST CHURCH
516 KELLOGG - AMES QUILT GUILD

Bring friends!! Reminder that the AQG's first ever Mall in the Hall sale is June 22!

The sale starts at 5 p.m., and will pause for the meeting and program by Sheila Arney and Ramona Tapper "T-Shirts and Bags." No doubt you'll be inspired to shop some more after their presentation, so please stay and shop!

The sale includes many fabrics, notions, plastic storage tubs, and sewing tools. Friends of AQG are welcome!

- Fabric is \$1 a pound. We'll be rounding to the next dollar.
- Layer cakes are \$2.
- Unmarked items are by donation.



Giving

Sleep In Heavenly Peace
Orphan Blocks
Orphan Grain Train
Quilts of Valor



Ames Quilt Guild has given:

- 26 baby quilts to the NICU
- 44 Christmas stockings to soldiers
- 12 toiletry bags to YSS.
- 200+ fidget touch therapy quilts
- 10 bed quilts and 13 lap quilts to Sleep in Heavenly Peace
- 5 comforters to Orphan Grain Train
- 7 carloads of clothing, towels/linens, and kitchen items to Orphan Grain Train
- 15 Quilts of Valor

THANK YOU!

We will continue to accept quilt block donations throughout 2023

For a number of great causes:

- ♦ 10.5" blocks & orphan blocks for charity quilts.
- ♦ 12.5" blocks for Quilts of Valor. No specific design, but patriotic fabric/colors would be best (though not necessarily just RWB).
- ♦ 3.5" X 12.5" blocks: used to make quilts for Sleep in Heavenly Peace.



Keep those blocks coming!

PLEASE TAKE ADVANTAGE OF OUR LENDING LIBRARY. THERE ARE SO MANY GREAT BOOKS WITH PATTERNS, IDEAS, AND INTERESTING CONCEPTS FOR QUILTERS TO USE.



Save those toiletries for YSS Donations (youth services)

Quilting for Others (QFO)

It's not a UFO it is a QFO!

Quilting for Others continues to be a community outreach goal of our Ames Quilt Guild. We are already gathering orphan blocks, 3 ½ x 12 ½ inch scraps rectangles, and 10 ½ inch squares from which to make quilts for those in need. To keep QFO manageable, the guild will provide opportunities for members to piece together tops from blocks provided, bind quilts already quilted, and tie or machine quilt the tops. Our goal is to make it easy for members to help without the burden falling on just one or two members. The items needing your assistance can be found at the Steve Huffman sound system table. We are using the honor system, so take a project home and when finished, please bring it back for show and tell. We continue to take requests from local organizations who need quilts. Right now, we are providing 60"x 80" quilts to Sleep in Heavenly Peace and the Orphan Grain Train.



2023 AQG Programs

June 22, 2023
T-Shirts and Bags
Sheila Arney and
Ramona Tapper
And
Mall in the Hall

July 27, 2023
**Sew Great Tours -
Quilt Tours**
Nancy Thompson

Aug. 24, 2023
**How Colors Affect
You,
What Science Re-
veals**
Laura Anspach

Sept. 28, 2023
2000 Quilts Later
Dorothy Faidley

Oct. 26, 2023
**What is a Modern
Quilt?
The Myths and the
Magic**
Carole Lyles Shaw
(ZOOM Presenta-
tion)

Dec. 7, 2023
**Holiday Potluck &
Fun**



AQG New Member Spotlight

Bernice Johnson



Ohio was my home until I married my husband, Larry. We then moved many times to different states. Those moves were due to my husband's military locations, graduate schools, and his first 2 jobs. Since 1985 we consider Ames home. We have two sons; one lives in Littleton, CO with his family. Our youngest son lives in Bern, Switzerland, with his family. I was a Home Economics major at Ohio State and finished my degree from KSU. I taught elementary piano for many years. My last job was as an educational assistant at Roosevelt School.

My quilting began about 40 years ago and was inspired by receiving the old wooden quilt frame my Grandma used. I remember vividly watching her quilt. The frame was given to me; at that point I began a project that was overwhelming. With my Mom's help we got the queen-size quilt done.

I love to watch the fabric designs come to life as they are pieced and quilted. I always hand quilted until I began taking classes at Quilting Connection.

Sewing as a 4-H member inspired my love of sewing. This led me to always trying new things. I lived near the Amish area of Holmes County, in Ohio, and I remember watching them quilt in the stores there. I wanted to make lovely works of art as they did. It is so rewarding quilting items for friends and family to enjoy.

I am looking forward to being a member of AQG and getting more involved with quilting projects.

Small Groups

We would like to report on small groups for our July newsletter. If you are in an AQG sponsored small group, and if the group is still functioning, please answer these questions and send your responses to Phyllis Schrag (phyllis_schrag@mediacommb.net):

1. What is the name of the small group?
2. What is the meeting date and time?
3. What is the location of the meeting?
4. Does the group have room for others to join?



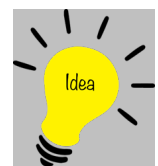
2023 AQG Special Events

Details to be announced in newsletter articles.

**June 22, 2023
Mall in the Hall**

**Sept. 15, 2023,
9am-8pm
Sept. 16, 2023,
9am-5pm
AQG Retreat
Mended Hearts
Quilt Shop
(Ellsworth, IA)**

**October 13, 2023
9am-3pm
Tour of ISU's
Apparel, Events,
Hospitality
and Manage-
ment Dept.
(ISU)**



**Have an idea for
an
AQG Program?**

**Send it to:
Kathy Glatz,
kathyglatz1@gmail.com**

Treasurer's Report

May 2023

Balance Forward:

\$4,642.31

Income: \$880.00

Expenses: -\$150.00

Ending Balance:

\$5,372.31

Current Events

GREAT SEWING ADVENTURES™ ACROSS IOWA

June 1 – July 31, 2023

The **All Iowa Shop Hop** brings together sewing and quilting enthusiasts from across Iowa and neighboring states.
<https://alliwashophop.com/event/>

PIECING PALOOZA

June 26, 2023

10:00 AM CST

Cost: \$49.99

Creative Spark, producer of live and on-demand creative classes, is holding its second Piecing Palooza event. This is a live, virtual event for learning quilt piecing techniques and skills taught by expert instructors. Includes playful piecing, exciting giveaways, and inspiration.

<https://creativespark.ctpub.com/courses/piecing-palooza2>

QUILTS FOR ALL SEASONS 2023 QUILT SHOW

July 21—July 22

9 AM—5 PM

Prairie High School

401 76th Ave SW, Cedar Rapids, IA

Admission \$10.00

East Iowa Heirloom Quilters

<https://www.eihquilt.com/>

DMAQG ANNUAL QUILT SHOW

September 21 - 23

9 AM - 5 PM

4-H Building, Iowa State Fair

Grounds, Des Moines, IA

3000 East Grand Avenue, Des

Moines, Iowa, 50317

<https://dmaqg.org/quilt-show/>

AQS QUILT WEEK

September 27—30

Iowa Events Center

730 3rd St.

Des Moines, IA 50309

<https://www.americanquilter.com/quiltweek/event/landing/eventid/29>

KNOW OF AN

AREA QUILTING EVENT?

Share in the AQG newsletter by sending information to pdgeringer@yahoo.com

Department of Apparel, Events, and Hospitality Management (AESHM) Tour

Friday, October 13, 9am-3pm

A **joint** event for

Ames Quilt Guild and ISU Women's Club Block Builders

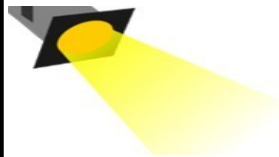


The day will include:

- **Large group presentations** on the department's activities and research work
- **Tours of the labs/studios**
 - Comfort and Protection Lab—which relates to quilting,
 - Digital Apparel and Textiles Studio—where they print photos onto fabric
 - Design Studio—where they design clothing - some for the ISU Fashion Show that is held every Spring
- **Tour of the Textiles and Clothing Museum**

AND we will have a **FREE LUNCH** at the Joan Bice Underwood Tea Room (a restaurant/classroom teaching operation within the hospitality management program, located in MacKay Hall).

So, whether you are an ISU Alum or not, come for a day of learning what ISU's Department of Apparel, Events, and Hospitality Management is all about!



AQG New Member Spotlight

Kim Jordan

I was born and raised in Audubon, Iowa and have lived in Ames almost 50 years. I have 2 sons and 4 grandchildren who live in the Des Moines area. I am so fortunate to have them close and be able to see them often. I've been married to my husband, Dean Miller, for 11 years.

I owned and operated the His and Hers Styling Salon for 40 years, selling it about 2 ½ years ago. Since then, I've been semi-retired. I didn't want to quit cold turkey, but selling the business allowed me to slow down a little (or a lot!). I currently work 3 days a week at Creative Hair Designers.

I started quilting when I decided I wanted to make t-shirt quilts for each of my sons about 15 years ago. I got advice from a quilting friend, dug right in, and made the quilts. By the time I was finished, I was hooked. I took a Quilting 101 class in the beginning, and I've taken several specialty classes since then. You might be surprised, but my favorite part of quilting is sewing on the binding by hand. It's relaxing for me to pick up the quilt and do the hand work.

What I enjoy most is making quilts to give away to family and friends. They are always so appreciative and amazed at the beauty of each quilt. Every time they use the quilt, they will remember who made it. My quilting tip is "Be Patient". One reason I didn't sew earlier in life is that I hated ripping out my mistakes. With quilt making, I learned to get over that quickly!



TIP CORNER

FREE MOTION QUILTING HINT

The open toe quilting foot is used by quilters mainly for free-motion quilting and machine embroidery. The large opening provides wide visibility and freedom of movement. The feed dogs must be lowered. Feed dogs are found under the presser foot in the base of your machine. These teeth work together with the presser foot to move the fabric towards the back of the



machine while the needle and bobbin threads make the stitch line. With the feed dogs lowered, you will have full range of motion without the drag needed when sewing seams. If your machine does not have a lever to lower the feed dogs, punch a hole for the needle in the center of a playing card, recipe card or any firm card stock, then tape that card in position over the feed dogs. For



greater success in free motion quilting, make a small quilt sandwich about pillow size, mark a design on it, and sew. You may want to "put the peddle to the metal" and sew fast to make even stitches. As with all new things, machine quilting this way takes patience, time, and practice.

If you have a tip to share

with the Guild, we'd love to publish it next year. Please write up your tip and send it to Phyllis Schrag at phyllis_schrag@mediacommb.net

President's Corner

What an inspiring program we had at our May meeting with ZOOM speaker Dana Jones. For those who are interested in pursuing her research offer in the future, here is her contact information: Dana Jones www.danaionesquilts.com.



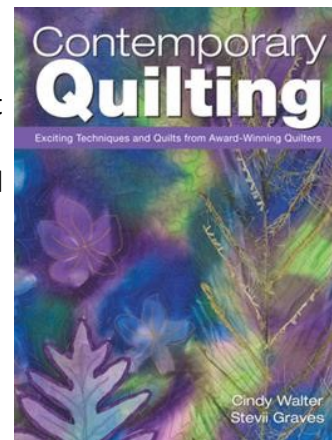
Welcome new members! It was such fun to meet you, and I am looking forward to getting to know you better as the year progresses. I know our long-time members will seek you out at meetings, invite you to join their table, and engage you in conversation. Each new member please know you are invited and encouraged to complete the "New Member Spotlight" to be used in a future AQG newsletter.

We have passed into summer with pizzazz! Our June meeting promises to inspire us as our own members Sheila Arney and Ramona Tapper, teach us about tee-shirts and bags. And then there is the fabric sale! Please bring friends and invite them to stay as our guests for the business meeting, show and tell, and the program. Come prepared with cash or check (no credit cards are accepted) to take advantage of this sale the proceeds of which will go directly in to the AQG coffers. Doors open at 5 pm with shopping suspended at 6:30 pm for our regular meeting. Following the meeting, shopping will continue.

Finally, please watch your email inbox for retreat registration form. All the directions are included; look for it in separate attachment.

From the Quilting Bookworm

Despite the name, *Contemporary Quilting* by Cindy Walter and Stevii Graves is a history book. While it includes patterns and plenty of quilt eye candy, most interesting (at least to me) are the stories about developments in tools, techniques and fabrics in the late 20th century. The original rotary cutter didn't rotate. Batiks first arrived in the US in the 1960s. The introduction of long-arm, short-arm and home machine quilting changed the batting world. Meanwhile, the arrival of fusible webs, quilting-specific fabric shops and quilt shows expanded the very definition of "quilt". *Contemporary Quilting* is also an excellent resource for individuals looking to extend their technique vocabularies. Paint fabric. Use adhesives for intricate appliques or realistic quilt portraits. Try freehand curves. Each project introduces and clearly explains a new (at least in 2005) technique. Quilters looking for a book about contemporary or modern quilt design should look elsewhere. Quilters interested in quilt history or expanding their personal technical toolboxes, should check this book out of the Guild library.



Until next time- QB.

AQG MEMBERS CREATE, TEACH, SHARE & GIVE JOY

SAVE THE DATE!

What: Ames Quilt Guild Retreat

Where: Mended Hearts Quilt Shop,
3212 330th St, Ellsworth, IA

When: Friday, September 15, 2023; 9:00 am-8:00 pm and Saturday, September 16, 9:00 am-5:00 pm.

Cost: \$30.00 per day, per person. 3 meals extra.

Why a retreat? An opportunity for members to gather to sew, learn, share, relax, laugh and enjoy time together.

Maximum number of sewers will be 18 and first priority will be given to paid members. We may be able to include guests if there is room. Watch for more information!!!! [Contact Gloria Sampson 515.460.1143](mailto:Gloria.Sampson@amesquiltguild.org) with questions.



Show & Tell



Teaching Sewing in Mississippi

Kathy Glatz

Some of you have been asking about my volunteer work in Mississippi where I teach sewing, so I thought I'd give you an update.

My husband, Chuck, and I made our first trip to Okolona, MS in March of 2016. I've been back 12 times since, with our most recent in April of this year. During our trips, I've hauled fabric and sewing machines that many of you have graciously donated. Because we are still using what has been previously donated, I am not taking any more fabric or sewing machines at this time. (My husband is happy as those donations weighed down and filled our car!)

I teach sewing at Excel, Inc. a non-profit community service organization in Okolona, MS, a town of 2,500 (<https://excelcommons.com>). The town has a large, poor population, with many Blacks, a few Hispanics, and the rest Whites. Excel offers tutoring for students and GED, CNA, and other classes for adults. One room is dedicated as a sewing room, with 7 machine stations. I've taught youth, adults, and adults with special needs. The photos show our finished projects.



Thinking and Planning for 2024

Election of Officers

Planning for next year's AQQ leadership is important. According to the AQQ Bylaws, [in 4 months we will be electing a President, Vice President, Secretary, and Treasurer for 2024](#). That slate of officers is to be presented at the September meeting and announced in the October newsletter. At the October business meeting, the new officers will be elected from the membership and shall consist of a minimum term of one year and not exceeding two consecutive years in the same office. The elected positions shall be chosen by a simple majority of the membership votes cast by secret ballot of those in attendance. New Officers take responsibility beginning in January 2024.

AQQ Committees:

As we approach the last half of our guild year, it is important to note that a final report from all the committee events will need to be prepared and presented to the next committee chair. [Please consider volunteering for one of the following committees in 2024:](#)

<u>Committee Name</u>	<u>Committee Responsibilities</u>	<u>Current Committee Members</u>
<u>Activities</u>	<ul style="list-style-type: none"> Coordinates activities, challenges, and projects within the membership which may be for member personal goals or for charity. 	Current: Sheila Arney, Ramona Tapper
<u>Facebook</u>	<ul style="list-style-type: none"> Maintains the AQQ Facebook group, accepts requests to join the group and ensures content relates to AQQ member interests. 	Current: Kathy Jones
<u>Hospitality</u>	<ul style="list-style-type: none"> Keeps track of volunteers for refreshments for monthly meetings; sets up and cleans up snack area, emails to newsletter chair the monthly treat provider list. 	Current: Barb Holst
<u>Membership</u>	<ul style="list-style-type: none"> Keeps current membership data base Communicates regularly to Executive Committee updating new member data base for other chairs to use in their committees Fills and provides gift bags to new members 	Current: Marge Fitzgerald, Susan Fraser
<u>Newsletter</u>	<ul style="list-style-type: none"> Puts together a monthly meeting reminder with AQQ news items, photos, member spot-lights. 	Current: Pam Geringer
<u>Programs & Education</u>	<ul style="list-style-type: none"> Accepts suggestions for program ideas from membership Communicates with requested teacher/program provider in regards to costs, schedule availability, lecture/trunk show and other expenses. Issues speaker contracts Introduces speakers at meetings Arranges for and delivers speaker's compensation along with a thank you note Sells tickets when there is a fee involved Collects fees from participants as needed Presents, in some form, the programs for the year at the December or January meeting. (currently a bookmark) Each month, provides details for the Lead Story to newsletter chair regarding the upcoming program/speaker 	Current: Kathy Glatz, Kathy Jones, Gloria Sampson
<u>Publicity</u>	<ul style="list-style-type: none"> The membership list is not to be made available for any solicitation purposes. Provides publicity to newsletter chair for all aspects of AQQ activities, including general and workshop information Should be kept informed of all AQQ functions requiring public relations Gathers information from officers and committees as needed for newsletter 	Current: Phyllis Schrag
<u>Service</u>	<ul style="list-style-type: none"> Coordinates requests for donations Responds and brings service requests from the community to the membership Coordinates service projects 	Current: Phyllis Schrag
<u>Webmaster & Sound</u>	<ul style="list-style-type: none"> Maintains the AQQ web site with content provided by Executive Committee, Supports sound technology for AQQ meetings. 	Current: Steve Huffman
<u>LEADERSHIP TRANSITION</u>	<ul style="list-style-type: none"> Officer training is the responsibility of the previous office-holder during November or December. The bylaws shall be read and reviewed with each new officer. 	All Current Committee chairs

Ames Quilt Guild Minutes
May 25, 2023
First United Methodist Church, Ames

President Phyllis Schrag opened the meeting at approximately 6:30 p.m.

Introduction of new members: New members received a welcome gift and warm welcome from the audience.;

Door prizes were awarded after drawing names.

Service Project: Phyllis asked that members please take a quilt home to bind for the "Sleep in Heavenly Peace" project. Several members took quilts. Phyllis noted that Sleep in Heavenly Peace may be coming to Ames.

Guests were introduced.

Show and Tell: Several members showed their work.

New Business: No minutes were taken for April because of the guild tea party. The event was well attended and enjoyed by all. Thanks to Vintage Cooperative for allowing the guild to use their facility.

No minutes because we had tea in April.

Reports:

Treasurer: cash on hand is \$5,200

Fabric Sale: (Mall in the Hall): Doors open at 5 p.m. before June meeting. Donations still accepted. Pricing is \$1/pound for fabric and donation for everything else (patterns, beads, tools, etc.)

Hospitality Committee: Barb Holt: please sign up for a month to bring treats.

Membership: Marge and Susan: please remember to sign in so we can keep track of our membership.

Program Committee: Kathy Jones indicated that she manages the Facebook page as well as any questions about posting. Request on FB to be a member of the group. Kathy says she restricts membership to people in the Ames area and she monitors membership to control trolls. Kathy also is the Iowa coordinator for Quilts of Valor. Blocks can be donated to her—they should be 12.5 X 12.5 unfinished. Contact Kathy if you know someone who should receive a QOV quilt.

Program committee update: Kathy Glatz, Barb Holst, and Dorothy Sperry expressed appreciation for everyone who participated in the tea party. Programs are being finalized for 2024. Gloria Sampson said registration for the September 15-16 retreat at Mended Hearts in Ellsworth. Cost will be \$30. A minimum of 18 people needed to reserve the event room.

Service Project: Ramona and Sheila: collecting toiletries for youth service shelter; Christmas stockings will be sent to military members serving overseas (as we did last year); bring stockings to the August meeting; patterns are available by contacting Ramona or Sheila.

Presentation via Zoom:

"The International Honor Quilt: - Women Remembering Women" with Dana Jones.

The meeting adjourned at approximately 8:30 p.m.